



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Imse, Niklas

Total time: 1:35:21

Club: TV Rheingönheim 1878 e.V.

Number: 257

Course: 25.50 km

Rank in course/Total: 268 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 204 (of 231)

Best time in course: 58:01

Category:

Rank in category: 19(of 20)

männliche AK 3 (TM 30)

Best time in the category: 1:00:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:51	2.53	15	3:36	145	4:48	0.50	11:51	2.53	21		232	2:13
Wechsel S->R	-	4:31	-	20	2:56	213	3:23	0.50	16:22	1.83	21	1:00	232	4:30
Schwimmen Total	0.50	16:22	1.83	21	1:00	232	4:30	0.50	16:22	1.83	21	1:00	232	4:30
ZZ Rad	5.75	10:14	33.71	20	3:48	225	3:48	6.25	26:36	14.10	21	2:41	232	7:22
ZZ Rad	4.25	14:17	17.85	19	4:53	221	5:02	10.50	40:53	15.41	21	5:00	227	11:34
ZZ Rad	4.25	14:19	17.81	20	4:55	221	5:00	14.75	55:12	16.03	21	7:13	227	15:52
Rad Ziel	5.75	10:55	31.60	20	3:28	221	6:18	20.50	1:06:07	18.60	21	8:48	232	18:59
Rad Net	20.00	49:45	24.12	19	16:38	224	31:36	20.50	1:06:07	18.60	21	8:48	232	18:59
Wechsel R->L	-	1:05	-	13	0:30	107	0:36	20.50	1:07:12	18.30	21	8:49	229	19:08
Rad Total	20.00	50:50	23.61	19	17:06	221	30:38	20.50	1:07:12	18.30	21	8:49	229	19:08
ZZ Lauf	2.50	13:26	11.17	19	5:15	172	5:27	23.00	1:20:38	17.11	21	9:32	228	23:43
Lauf Ziel	2.50	14:43	10.19	19	6:10	188	6:10	25.50	1:35:21	16.05	19	34:29	204	37:20
Lauf Total	5.00	28:09	10.66	19	11:25	184	11:30	25.50	1:35:21	16.05	19	34:29	204	37:20