



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Lück, Otto Peter

Total time: 1:35:59

Club: VfL-Münster

Number: 279

Course: 25.50 km

Rank in course/Total: 273 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 205 (of 231)

Best time in course: 58:01

Category:

Rank in category: 9(of 11)

Senioren 5 (TM 60)

Best time in the category: 1:13:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:10	2.28	8	3:05	190	6:07	0.50	13:10	2.28	12	3:05	232	3:32
Wechsel S->R	-	3:29	-	7	1:33	171	2:21	0.50	16:39	1.80	12	4:38	232	4:47
Schwimmen Total	0.50	16:39	1.80	12	4:38	232	4:47	0.50	16:39	1.80	12	4:38	232	4:47
ZZ Rad	5.75	9:17	37.16	9	1:35	207	2:51	6.25	25:56	14.46	12	6:10	232	6:42
ZZ Rad	4.25	12:45	20.00	9	2:02	197	3:30	10.50	38:41	16.29	12	8:12	227	9:22
ZZ Rad	4.25	12:31	20.37	9	2:00	186	3:12	14.75	51:12	17.29	12	10:04	227	11:52
Rad Ziel	5.75	9:41	35.63	9	1:32	175	5:04	20.50	1:00:53	20.20	12	11:36	232	13:45
Rad Net	20.00	44:14	27.13	9	6:58	197	26:05	20.50	1:00:53	20.20	12	11:36	232	13:45
Wechsel R->L	-	1:46	-	9	1:07	199	1:17	20.50	1:02:39	19.63	12	12:43	229	14:35
Rad Total	20.00	46:00	26.09	9	8:05	197	25:48	20.50	1:02:39	19.63	12	12:43	229	14:35
ZZ Lauf	2.50	16:06	9.32	11	4:41	218	8:07	23.00	1:18:45	17.52	12	17:24	228	21:50
Lauf Ziel	2.50	17:14	8.70	11	5:27	214	8:41	25.50	1:35:59	15.94	9	22:32	205	37:58
Lauf Total	5.00	33:20	9.00	11	9:55	215	16:41	25.50	1:35:59	15.94	9	22:32	205	37:58