



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Hartmann, Christian

Total time: 1:16:55

Number: 305

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 101 (of 313)

Rank in course/Men: 90 (of 231)

Best time in course: 58:01

Category:

männliche AK 3 (TM 30)

Rank in category: 10(of 20)

Best time in the category: 1:00:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:56	2.74	9	2:41	109	3:53	0.50	10:56	2.74	21		232	1:18
Wechsel S->R	-	2:57	-	12	1:22	134	1:49	0.50	13:53	2.16	21		24	2:01
Schwimmen Total	0.50	13:53	2.16	21		24	2:01	0.50	13:53	2.16	21		24	2:01
ZZ Rad	5.75	7:57	43.40	8	1:31	84	1:31	6.25	21:50	17.18	21		232	2:36
ZZ Rad	4.25	10:55	23.36	9	1:31	82	1:40	10.50	32:45	19.24	21		227	3:26
ZZ Rad	4.25	10:44	23.76	6	1:20	68	1:25	14.75	43:29	20.35	21		25	4:09
Rad Ziel	5.75	8:33	40.35	8	1:06	81	3:56	20.50	52:02	23.64	21		232	4:54
Rad Net	20.00	38:09	31.45	8	5:02	81	20:00	20.50	52:02	23.64	21		232	4:54
Wechsel R->L	-	0:41	-	6	0:06	20	0:12	20.50	52:43	23.33	21		229	4:39
Rad Total	20.00	38:50	30.90	7	5:06	70	18:38	20.50	52:43	23.33	21		229	4:39
ZZ Lauf	2.50	11:51	12.66	12	3:40	108	3:52	23.00	1:04:34	21.37	21		228	7:39
Lauf Ziel	2.50	12:21	12.15	14	3:48	114	3:48	25.50	1:16:55	19.89	10	16:03	90	18:54
Lauf Total	5.00	24:12	12.40	13	7:28	109	7:33	25.50	1:16:55	19.89	10	16:03	90	18:54