



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Pfeifer, Claudia

Total time: 1:35:38

Number: 246

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 270 (of 313)

Rank in course/Women: 66 (of 82)

Best time in course: 1:06:42

Category:

Seniorinnen 3 (TW 50)

Rank in category: 12(of 13)

Best time in the category: 1:16:20

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Wome	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Wome	Behind Women	
Schwimmen nett	0.50	15:27	1.94	13	3:50	76	8:42	0.50	15:27	1.94	14	3:32	83	0:20	
Wechsel S->R	-	4:13	-	12	2:16	74	2:43	0.50	19:40	1.53	14	5:00	83	1:22	
Schwimmen Total	0.50	19:40	1.53	14	5:00	83	1:22	0.50	19:40	1.53	14	5:00	83	1:22	
ZZ Rad	5.75	9:21	36.90	9	1:22	54	2:01	6.25	29:01	12.92	14	5:13	83	1:01	
ZZ Rad	4.25	12:50	19.87	7	2:05	48	2:47	10.50	41:51	15.05	14	5:47	83	1:00	
ZZ Rad	4.25	13:03	19.54	10	2:08	55	3:00	14.75	54:54	16.12	14	6:42	83	1:24	
Rad Ziel	5.75	10:25	33.12	10	1:39	55	2:27	20.50	1:05:19	18.83	14	7:40	83	1:36	
Rad Net	20.00	45:39	26.29	10	7:14	55	10:15	20.50	1:05:19	18.83	14	7:40	83	1:36	
Wechsel R->L	-	1:16	-	5	0:16	48	0:41	20.50	1:06:35	18.47	14	7:11	83	1:51	
Rad Total	20.00	46:55	25.58	9	7:28	51	10:50	20.50	1:06:35	18.47	14	7:11	83	1:51	
ZZ Lauf	2.50	15:14	9.85	12	4:35	66	6:21	23.00	1:21:49	16.87	14	9:38	83	4:17	
Lauf Ziel	2.50	13:49	10.86	9	2:46	39	4:34	25.50	1:35:38	16.00	12	19:18	66	28:56	
Lauf Total	5.00	29:03	10.33	11	7:21	60	10:55	25.50	1:35:38	16.00	12	19:18	66	28:56	