



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Walita, Nicole

Total time: 1:18:39

Club: LF Naheland Triathlon

Number: 322

Course: 25.50 km

Rank in course/Total: 124 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 15 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 2(of 14)

Seniorinnen 1 (TW 40)

Best time in the category: 1:06:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:33	2.39	7	3:54	50	5:48	0.50	12:33	2.39	15	3:53	83	
Wechsel S->R	-	1:58	-	2	0:22	9	0:28	0.50	14:31	2.07	15	4:15	83	
Schwimmen Total	0.50	14:31	2.07	15	4:15	83		0.50	14:31	2.07	15	4:15	83	
ZZ Rad	5.75	8:12	42.07	2	0:52	13	0:52	6.25	22:43	16.51	15	5:07	83	
ZZ Rad	4.25	11:37	21.95	2	1:34	19	1:34	10.50	34:20	18.35	15	6:41	83	
ZZ Rad	4.25	11:30	22.17	2	1:27	19	1:27	14.75	45:50	19.31	15	8:08	83	
Rad Ziel	5.75	9:05	37.98	3	1:07	17	1:07	20.50	54:55	22.40	15	9:15	83	
Rad Net	20.00	40:24	29.70	2	5:00	17	5:00	20.50	54:55	22.40	15	9:15	83	
Wechsel R->L	-	1:07	-	6	0:26	32	0:32	20.50	56:02	21.95	15	9:41	83	
Rad Total	20.00	41:31	28.90	2	5:26	17	5:26	20.50	56:02	21.95	15	9:41	83	
ZZ Lauf	2.50	10:59	13.66	2	1:06	10	2:06	23.00	1:07:01	20.59	15	10:47	83	
Lauf Ziel	2.50	11:38	12.89	2	1:10	10	2:23	25.50	1:18:39	19.45	2	11:57	15	11:57
Lauf Total	5.00	22:37	13.26	2	2:16	10	4:29	25.50	1:18:39	19.45	2	11:57	15	11:57