



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detailed evaluation

### Team SSG Bensheim

Club: Team SSG Bensheim

Number: 344

Course: 25.50 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 58:47

Rank in course/Total: 1 (of 29)

Rank in course/Total: 1 (of 29)

Best time in course: 58:47

Rank in category: 1(of 29)

Best time in the category: 58:47

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	8:13	0.00	1	-	1	-	0.50	8:13	0.00	16		16	
Wechsel S->R	-	1:22	-	7	0:10	7	0:10	0.50	9:35	0.00	16		16	
Schwimmen Total	0.50	9:35	0.00	16		16		0.50	9:35	0.00	16		16	
ZZ Rad	5.75	6:36	45.45	2	0:22	2	0:22	6.25	16:11	22.25	16		16	
ZZ Rad	4.25	9:24	25.53	2	0:26	2	0:26	10.50	25:35	23.45	16		16	
ZZ Rad	4.25	9:27	25.40	2	0:33	2	0:33	14.75	35:02	23.98	15		15	
Rad Ziel	5.75	7:16	41.28	2	0:26	2	0:26	20.50	42:18	28.37	15		15	
Rad Net	20.00	32:43	36.68	2	1:47	2	1:47	20.50	42:18	28.37	15		15	
Wechsel R->L	-	1:35	-	26	1:06	26	1:06	20.50	43:53	27.35	15		15	
Rad Total	20.00	34:18	34.99	2	2:46	2	2:46	20.50	43:53	27.35	15		15	
ZZ Lauf	2.50	6:30	18.46	2	1:44	2	1:44	23.00	50:23	27.39	15		15	
Lauf Ziel	2.50	8:24	14.29	1	-	1	-	25.50	58:47	25.52	1	-	1	-
Lauf Total	5.00	14:54	20.13	1	-	1	-	25.50	58:47	25.52	1	-	1	-