



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Fania, Amadeo

Total time: 1:05:21

Club: LAZ Mosbach Triathlon

Number: 380

Course: 25.50 km

Rank in course/Total: 7 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 7 (of 231)

Best time in course: 58:01

Category:

Rank in category: 3(of 11)

männliche AK 1 (TM 20)

Best time in the category: 58:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	7:43	3.89	2	0:40	4	0:40	0.50	7:43	3.89	12		232	
Wechsel S->R	-	1:42	-	3	0:34	13	0:34	0.50	9:25	3.19	12		232	
Schwimmen Total	0.50	9:25	3.19	12		232		0.50	9:25	3.19	12		232	
ZZ Rad	5.75	7:14	47.70	3	0:26	20	0:48	6.25	16:39	22.52	12		232	
ZZ Rad	4.25	10:05	25.29	3	0:50	25	0:50	10.50	26:44	23.57	11		227	
ZZ Rad	4.25	10:02	25.42	2	0:43	22	0:43	14.75	36:46	24.07	11		227	
Rad Ziel	5.75	7:55	43.58	3	0:38	24	3:18	20.50	44:41	27.53	12		232	
Rad Net	20.00	35:16	34.03	4	12:27	26	17:07	20.50	44:41	27.53	12		232	
Wechsel R->L	-	0:42	-	3	0:10	25	0:13	20.50	45:23	27.10	12		229	
Rad Total	20.00	35:58	33.36	4	11:27	22	15:46	20.50	45:23	27.10	12		229	
ZZ Lauf	2.50	9:42	15.46	4	1:43	19	1:43	23.00	55:05	25.05	12		228	
Lauf Ziel	2.50	10:16	14.61	5	1:36	25	1:43	25.50	1:05:21	23.41	3	7:20	7	7:20
Lauf Total	5.00	19:58	15.03	4	3:19	20	3:19	25.50	1:05:21	23.41	3	7:20	7	7:20