



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Moeller, Janina

Total time: 1:26:09

Number: 306

Course: 25.50 km

Rank in course/Total: 205 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 34 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 9(of 13)

weibliche AK 3 (TW 30)

Best time in the category: 1:10:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:34	2.59	9	1:33	27	4:49	0.50	11:34	2.59	14	1:01	83	
Wechsel S->R	-	3:20	-	12	1:37	57	1:50	0.50	14:54	2.01	9	2:28	83	
Schwimmen Total	0.50	14:54	2.01	9	2:28	83		0.50	14:54	2.01	9	2:28	83	
ZZ Rad	5.75	9:09	37.70	11	1:27	49	1:49	6.25	24:03	15.59	14	3:52	83	
ZZ Rad	4.25	12:59	19.64	10	2:17	55	2:56	10.50	37:02	17.01	14	6:09	83	
ZZ Rad	4.25	12:57	19.69	10	2:20	53	2:54	14.75	49:59	17.71	14	8:29	83	
Rad Ziel	5.75	10:09	33.99	10	1:47	43	2:11	20.50	1:00:08	20.45	14	10:10	83	
Rad Net	20.00	45:14	26.53	10	7:42	52	9:50	20.50	1:00:08	20.45	14	10:10	83	
Wechsel R->L	-	1:00	-	5	0:25	22	0:25	20.50	1:01:08	20.12	14	9:42	83	
Rad Total	20.00	46:14	25.96	10	7:29	46	10:09	20.50	1:01:08	20.12	14	9:42	83	
ZZ Lauf	2.50	12:30	12.00	9	3:37	29	3:37	23.00	1:13:38	18.74	14	11:17	83	
Lauf Ziel	2.50	12:31	11.98	5	3:16	17	3:16	25.50	1:26:09	17.76	9	15:29	34	19:27
Lauf Total	5.00	25:01	11.99	7	6:53	22	6:53	25.50	1:26:09	17.76	9	15:29	34	19:27