



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Westerkamp, Moggl

Club: TSG Kaiserslautern

Number: 374

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 2 (TM 25)

Total time: 1:07:09

Rank in course/Total: 17 (of 313)

Rank in course/Men: 16 (of 231)

Best time in course: 58:01

Rank in category: 2(of 15)

Best time in the category: 1:06:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:15	3.24	2	0:28	30	2:12	0.50	9:15	3.24	16		232	
Wechsel S->R	-	1:29	-	1	-	4	0:21	0.50	10:44	2.80	16		232	
Schwimmen Total	0.50	10:44	2.80	16		232		0.50	10:44	2.80	16		232	
ZZ Rad	5.75	7:03	48.94	1	-	10	0:37	6.25	17:47	21.09	16		232	
ZZ Rad	4.25	10:02	25.42	2	0:16	23	0:47	10.50	27:49	22.65	16		227	
ZZ Rad	4.25	10:58	23.25	4	1:27	90	1:39	14.75	38:47	22.82	16		227	
Rad Ziel	5.75	9:09	37.70	7	1:34	142	4:32	20.50	47:56	25.66	16		232	0:48
Rad Net	20.00	37:12	32.26	3	2:56	60	19:03	20.50	47:56	25.66	16		232	0:48
Wechsel R->L	-	0:51	-	6	0:15	59	0:22	20.50	48:47	25.21	16		229	0:43
Rad Total	20.00	38:03	31.54	3	2:49	54	17:51	20.50	48:47	25.21	16		229	0:43
ZZ Lauf	2.50	9:05	16.51	1	-	6	1:06	23.00	57:52	23.85	16		228	0:57
Lauf Ziel	2.50	9:17	16.16	1	-	3	0:44	25.50	1:07:09	22.78	2	0:11	16	9:08
Lauf Total	5.00	18:22	16.33	1	-	5	1:43	25.50	1:07:09	22.78	2	0:11	16	9:08