



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Haag, Robert

Total time: 1:11:40

Club: LAZ Mosbach-Elztal

Number: 391

Course: 25.50 km

Rank in course/Total: 46 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 43 (of 231)

Best time in course: 58:01

Category:

Rank in category: 2(of 21)

Senioren 4 (TM 55)

Best time in the category: 1:09:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:31	2.60	10	3:42	132	4:28	0.50	11:31	2.60	22		232	1:53
Wechsel S->R	-	2:17	-	6	0:30	74	1:09	0.50	13:48	2.17	22		232	1:56
Schwimmen Total	0.50	13:48	2.17	22		232	1:56	0.50	13:48	2.17	22		232	1:56
ZZ Rad	5.75	7:12	47.92	1	-	17	0:46	6.25	21:00	17.86	22		232	1:46
ZZ Rad	4.25	10:09	25.12	2	0:04	29	0:54	10.50	31:09	20.22	22		227	1:50
ZZ Rad	4.25	10:09	25.12	2	0:04	28	0:50	14.75	41:18	21.43	22		227	1:58
Rad Ziel	5.75	8:08	42.42	2	0:07	40	3:31	20.50	49:26	24.88	22		232	2:18
Rad Net	20.00	35:38	33.68	1	-	33	17:29	20.50	49:26	24.88	22		232	2:18
Wechsel R->L	-	1:20	-	15	0:40	165	0:51	20.50	50:46	24.23	22		229	2:42
Rad Total	20.00	36:58	32.46	2	0:10	38	16:46	20.50	50:46	24.23	22		229	2:42
ZZ Lauf	2.50	10:00	15.00	1	-	25	2:01	23.00	1:00:46	22.71	22		228	3:51
Lauf Ziel	2.50	10:54	13.76	2	0:15	47	2:21	25.50	1:11:40	21.35	2	1:54	43	13:39
Lauf Total	5.00	20:54	14.35	1	-	37	4:15	25.50	1:11:40	21.35	2	1:54	43	13:39