



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Vandenhoeck, Stefanie

Total time: 1:32:07

Number: 325

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 249 (of 313)

Rank in course/Women: 55 (of 82)

Best time in course: 1:06:42

Category:

Seniorinnen 2 TW 45)

Rank in category: 10(of 15)

Best time in the category: 1:18:33

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.50	14:07	2.13	13	5:21	71	7:22	0.50	14:07	2.13	16	1:33	83		
Wechsel S->R	-	3:06	-	8	0:58	48	1:36	0.50	17:13	1.74	16	1:01	83		
Schwimmen Total	0.50	17:13	1.74	16	1:01	83		0.50	17:13	1.74	16	1:01	83		
ZZ Rad	5.75	9:15	37.30	11	1:12	52	1:55	6.25	26:28	14.17	16	1:28	83		
ZZ Rad	4.25	12:44	20.03	10	1:51	46	2:41	10.50	39:12	16.07	16	1:53	83		
ZZ Rad	4.25	12:39	20.16	9	1:22	45	2:36	14.75	51:51	17.07	16	2:04	83		
Rad Ziel	5.75	10:09	33.99	7	1:18	43	2:11	20.50	1:02:00	19.84	16	2:25	83		
Rad Net	20.00	44:47	26.80	10	5:43	47	9:23	20.50	1:02:00	19.84	16	2:25	83		
Wechsel R->L	-	2:06	-	13	1:16	76	1:31	20.50	1:04:06	19.19	16	3:41	83		
Rad Total	20.00	46:53	25.60	10	6:38	50	10:48	20.50	1:04:06	19.19	16	3:41	83		
ZZ Lauf	2.50	13:18	11.28	6	1:27	39	4:25	23.00	1:17:24	17.83	16	3:14	14		
Lauf Ziel	2.50	14:43	10.19	11	4:03	55	5:28	25.50	1:32:07	16.61	10	13:34	55	25:25	
Lauf Total	5.00	28:01	10.71	11	5:03	51	9:53	25.50	1:32:07	16.61	10	13:34	55	25:25	