



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Müller, Laura

Total time: 1:14:27

Club: SG Poseidon Eppelheim

Number: 386

Course: 25.50 km

Rank in course/Total: 72 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 6 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 2(of 3)

weibliche AK 1 (TW 20)

Best time in the category: 1:14:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:41	3.45	1	-	4	1:56	0.50	8:41	3.45	4			83
Wechsel S->R	-	1:47	-	1	-	4	0:17	0.50	10:28	2.87	4			83
Schwimmen Total	0.50	10:28	2.87	4			83	0.50	10:28	2.87	4			83
ZZ Rad	5.75	8:02	42.95	1	-	8	0:42	6.25	18:30	20.27	4			83
ZZ Rad	4.25	11:17	22.60	2	0:28	14	1:14	10.50	29:47	21.15	4			83
ZZ Rad	4.25	11:10	22.84	2	0:16	8	1:07	14.75	40:57	21.61	4			83
Rad Ziel	5.75	9:01	38.26	2	0:15	15	1:03	20.50	49:58	24.62	4			83
Rad Net	20.00	39:30	30.38	2	0:56	11	4:06	20.50	49:58	24.62	4			83
Wechsel R->L	-	0:50	-	1	-	6	0:15	20.50	50:48	24.21	4			83
Rad Total	20.00	40:20	29.75	2	0:48	9	4:15	20.50	50:48	24.21	4			83
ZZ Lauf	2.50	11:26	13.12	2	0:35	12	2:33	23.00	1:02:14	22.17	4			83
Lauf Ziel	2.50	12:13	12.28	2	0:31	15	2:58	25.50	1:14:27	20.55	2	0:24	6	7:45
Lauf Total	5.00	23:39	12.68	2	1:06	13	5:31	25.50	1:14:27	20.55	2	0:24	6	7:45