



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Team SSG Bensheim

Club: Team SSG Bensheim

Number: 358

Course: 25.50 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:15:56

Rank in course/Total: 9 (of 29)

Rank in course/Total: 9 (of 29)

Best time in course: 58:47

Rank in category: 9(of 29)

Best time in the category: 58:47

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	8:56	3.36	2	0:43	2	0:43	0.50	8:56	3.36	22		22	
Wechsel S->R	-	1:29	-	12	0:17	12	0:17	0.50	10:25	2.88	22		22	
Schwimmen Total	0.50	10:25	2.88	22		22		0.50	10:25	2.88	22		22	
ZZ Rad	5.75	8:04	42.77	13	1:50	13	1:50	6.25	18:29	20.29	22		22	
ZZ Rad	4.25	11:19	22.53	10	2:21	10	2:21	10.50	29:48	21.14	22		22	
ZZ Rad	4.25	11:20	22.50	10	2:26	10	2:26	14.75	41:08	21.52	21		21	
Rad Ziel	5.75	9:02	38.19	12	2:12	12	2:12	20.50	50:10	24.52	21		21	
Rad Net	20.00	39:45	30.19	10	8:49	10	8:49	20.50	50:10	24.52	21		21	
Wechsel R->L	-	0:52	-	23	0:23	23	0:23	20.50	51:02	24.10	21		21	
Rad Total	20.00	40:37	29.54	9	9:05	9	9:05	20.50	51:02	24.10	21		21	
ZZ Lauf	2.50	11:35	12.95	19	6:49	19	6:49	23.00	1:02:37	22.04	21		21	
Lauf Ziel	2.50	13:19	11.26	16	4:55	16	4:55	25.50	1:15:56	20.15	9	17:09	9	17:09
Lauf Total	5.00	24:54	12.05	18	10:00	18	10:00	25.50	1:15:56	20.15	9	17:09	9	17:09