11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Fleischmann, Ruben

Total time: 1:38:25

Number: 326

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 286 (of 313)
Rank in course/Men: 215 (of 231)
Best time in course: 58:01

Category:
männliche AK 3 (TM 30)

Rank in category: 20(of 20)
Best time in the category: 1:00:52

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:35	2.38	18	4:20	174	5:32	0.50	12:35	2.38	21	0:41	232	2:57
Wechsel S->R	-	2:47	-	10	1:12	125	1:39	0.50	15:22	1.95	1	-	232	3:30
Schwimmen Tota	0.50	15:22	1.95	1	-	232	3:30	0.50	15:22	1.95	1	-	232	3:30
ZZ Rad	5.75	9:15	37.30	19	2:49	206	2:49	6.25	24:37	15.23	21	0:42	232	5:23
ZZ Rad	4.25	18:40	13.66	20	9:16	226	9:25	10.50	43:17	14.56	21	7:24	227	13:58
ZZ Rad	4.25	12:32	20.35	17	3:08	187	3:13	14.75	55:49	15.86	21	7:50	227	16:29
Rad Ziel	5.75	10:27	33.01	19	3:00	210	5:50	20.50	1:06:16	18.56	21	8:57	232	19:08
Rad Net	20.00	50:54	23.58	20	17:47	225	32:45	20.50	1:06:16	18.56	21	8:57	232	19:08
Wechsel R->L	-	1:11	-	17	0:36	135	0:42	20.50	1:07:27	18.24	21	9:04	229	19:23
Rad Total	20.00	52:05	23.04	20	18:21	223	31:53	20.50	1:07:27	18.24	21	9:04	229	19:23
ZZ Lauf	2.50	14:30	10.34	20	6:19	196	6:31	23.00	1:21:57	16.84	21	10:51	228	25:02
Lauf Ziel	2.50	16:28	9.11	20	7:55	209	7:55	25.50	1:38:25	15.55	20	37:33	215	40:24
Lauf Total	5.00	30:58	9.69	20	14:14	207	14:19	25.50	1:38:25	15.55	20	37:33	215	40:24