



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Wetzel, Sebastian

Total time: 1:20:37

Number: 376

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 149 (of 313)

Rank in course/Men: 130 (of 231)

Best time in course: 58:01

Category:

männliche AK 2 (TM 25)

Rank in category: 7(of 15)

Best time in the category: 1:06:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:05	2.71	10	2:18	120	4:02	0.50	11:05	2.71	16	0:37	232	1:27
Wechsel S->R	-	2:33	-	6	1:04	109	1:25	0.50	13:38	2.20	16		232	1:46
Schwimmen Total	0.50	13:38	2.20	16		232	1:46	0.50	13:38	2.20	16		232	1:46
ZZ Rad	5.75	7:50	44.04	5	0:47	73	1:24	6.25	21:28	17.47	16		232	2:14
ZZ Rad	4.25	11:08	22.90	5	1:22	100	1:53	10.50	32:36	19.33	16		227	3:17
ZZ Rad	4.25	11:13	22.73	6	1:42	114	1:54	14.75	43:49	20.20	16		227	4:29
Rad Ziel	5.75	8:36	40.12	4	1:01	84	3:59	20.50	52:25	23.47	16		14	5:17
Rad Net	20.00	38:47	30.94	5	4:31	94	20:38	20.50	52:25	23.47	16		14	5:17
Wechsel R->L	-	1:49	-	14	1:13	204	1:20	20.50	54:14	22.68	16		229	6:10
Rad Total	20.00	40:36	29.56	7	5:22	116	20:24	20.50	54:14	22.68	16		229	6:10
ZZ Lauf	2.50	13:00	11.54	12	3:55	160	5:01	23.00	1:07:14	20.53	16		228	10:19
Lauf Ziel	2.50	13:23	11.21	11	4:06	155	4:50	25.50	1:20:37	18.98	7	13:39	130	22:36
Lauf Total	5.00	26:23	11.37	12	8:01	160	9:44	25.50	1:20:37	18.98	7	13:39	130	22:36