



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detailed evaluation

Ziler, Martin

Total time: 1:47:09

Club: GGEW

Number: 368

Course: 25.50 km

Rank in course/Total: 297 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 220 (of 231)

Best time in course: 58:01

Category:

Rank in category: 25(of 28)

männliche AK 4 (TM 35)

Best time in the category: 1:03:20

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| Schwimmen nett  | 0.50        | 16:59         | 1.77          | 28          | 8:49           | 228        | 9:56          | 0.50        | 16:59         | 1.77          | 29          | 7:27           | 232        | 7:21          |
| Wechsel S->R    | -           | 3:58          | -             | 26          | 2:26           | 201        | 2:50          | 0.50        | 20:57         | 1.43          | 29          | 9:22           | 232        | 9:05          |
| Schwimmen Total | 0.50        | 20:57         | 1.43          | 29          | 9:22           | 232        | 9:05          | 0.50        | 20:57         | 1.43          | 29          | 9:22           | 232        | 9:05          |
| ZZ Rad          | 5.75        | 9:46          | 35.32         | 28          | 2:56           | 217        | 3:20          | 6.25        | 30:43         | 12.21         | 29          | 11:11          | 232        | 11:29         |
| ZZ Rad          | 4.25        | 14:16         | 17.87         | 26          | 4:47           | 220        | 5:01          | 10.50       | 44:59         | 14.01         | 27          | 5:52           | 227        | 15:40         |
| ZZ Rad          | 4.25        | 15:16         | 16.70         | 26          | 5:46           | 224        | 5:57          | 14.75       | 1:00:15       | 14.69         | 27          | 9:00           | 227        | 20:55         |
| Rad Ziel        | 5.75        | 12:00         | 28.75         | 28          | 4:35           | 226        | 7:23          | 20.50       | 1:12:15       | 17.02         | 29          | 22:19          | 232        | 25:07         |
| Rad Net         | 20.00       | 51:18         | 23.39         | 28          | 33:09          | 226        | 33:09         | 20.50       | 1:12:15       | 17.02         | 29          | 22:19          | 232        | 25:07         |
| Wechsel R->L    | -           | 1:12          | -             | 19          | 0:29           | 137        | 0:43          | 20.50       | 1:13:27       | 16.75         | 28          | 11:37          | 229        | 25:23         |
| Rad Total       | 20.00       | 52:30         | 22.86         | 27          | 32:18          | 224        | 32:18         | 20.50       | 1:13:27       | 16.75         | 28          | 11:37          | 229        | 25:23         |
| ZZ Lauf         | 2.50        | 15:45         | 9.52          | 26          | 6:54           | 215        | 7:46          | 23.00       | 1:29:12       | 15.47         | 27          | 12:42          | 228        | 32:17         |
| Lauf Ziel       | 2.50        | 17:57         | 8.36          | 25          | 8:32           | 220        | 9:24          | 25.50       | 1:47:09       | 14.28         | 25          | 43:49          | 220        | 49:08         |
| Lauf Total      | 5.00        | 33:42         | 8.90          | 25          | 15:26          | 217        | 17:03         | 25.50       | 1:47:09       | 14.28         | 25          | 43:49          | 220        | 49:08         |