



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Zipser, Axel

Total time: 1:27:46

Number: 31

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 215 (of 313)

Rank in course/Men: 177 (of 231)

Best time in course: 58:01

Category:

Senioren 2 (TM 45)

Rank in category: 31(of 39)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:25	2.42	28	3:46	166	5:22	0.50	12:25	2.42	40	0:11	35	2:47
Wechsel S->R	-	3:35	-	30	1:59	179	2:27	0.50	16:00	1.88	40	1:26	35	4:08
Schwimmen Total	0.50	16:00	1.88	40	1:26	35	4:08	0.50	16:00	1.88	40	1:26	35	4:08
ZZ Rad	5.75	9:01	38.26	32	1:44	193	2:35	6.25	25:01	14.99	40	2:40	35	5:47
ZZ Rad	4.25	12:15	20.82	32	2:21	179	3:00	10.50	37:16	16.91	39	3:42	35	7:57
ZZ Rad	4.25	12:16	20.79	30	2:22	178	2:57	14.75	49:32	17.87	39	4:48	35	10:12
Rad Ziel	5.75	9:52	34.97	32	2:07	187	5:15	20.50	59:24	20.71	40	5:47	35	12:16
Rad Net	20.00	43:24	27.65	30	8:32	184	25:15	20.50	59:24	20.71	40	5:47	35	12:16
Wechsel R->L	-	2:00	-	33	1:29	215	1:31	20.50	1:01:24	20.03	39	6:37	35	13:20
Rad Total	20.00	45:24	26.43	31	9:45	190	25:12	20.50	1:01:24	20.03	39	6:37	35	13:20
ZZ Lauf	2.50	12:45	11.76	30	3:28	156	4:46	23.00	1:14:09	18.61	39	9:08	35	17:14
Lauf Ziel	2.50	13:37	11.02	29	4:07	163	5:04	25.50	1:27:46	17.43	31	20:16	177	29:45
Lauf Total	5.00	26:22	11.38	30	7:35	159	9:43	25.50	1:27:46	17.43	31	20:16	177	29:45