



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Hofer, Bernadette

Total time: 1:31:02

Number: 41

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 242 (of 313)

Rank in course/Women: 50 (of 82)

Best time in course: 1:06:42

Category:

Seniorinnen 3 (TW 50)

Rank in category: 8(of 13)

Best time in the category: 1:16:20

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.50	13:46	2.18	10	2:09	65	7:01	0.50	13:46	2.18	2	1:51	83		
Wechsel S->R	-	3:47	-	11	1:50	69	2:17	0.50	17:33	1.71	2	2:53	83		
Schwimmen Total	0.50	17:33	1.71	2	2:53	83		0.50	17:33	1.71	2	2:53	83		
ZZ Rad	5.75	9:19	37.03	8	1:20	53	1:59	6.25	26:52	13.96	2	3:04	83		
ZZ Rad	4.25	12:53	19.79	10	2:08	53	2:50	10.50	39:45	15.85	2	3:41	83		
ZZ Rad	4.25	12:49	19.90	9	1:54	52	2:46	14.75	52:34	16.84	2	4:22	83		
Rad Ziel	5.75	10:09	33.99	7	1:23	43	2:11	20.50	1:02:43	19.61	2	5:04	83		
Rad Net	20.00	45:10	26.57	9	6:45	51	9:46	20.50	1:02:43	19.61	2	5:04	83		
Wechsel R->L	-	1:10	-	4	0:10	39	0:35	20.50	1:03:53	19.25	2	4:29	83		
Rad Total	20.00	46:20	25.90	7	6:53	47	10:15	20.50	1:03:53	19.25	2	4:29	83		
ZZ Lauf	2.50	13:22	11.22	8	2:43	40	4:29	23.00	1:17:15	17.86	2	5:04	83		
Lauf Ziel	2.50	13:47	10.88	8	2:44	38	4:32	25.50	1:31:02	16.81	8	14:42	50	24:20	
Lauf Total	5.00	27:09	11.05	8	5:27	38	9:01	25.50	1:31:02	16.81	8	14:42	50	24:20	