



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detailed evaluation

Ring, Tanja

Total time: 1:21:46

Number: 90

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 161 (of 313)

Rank in course/Women: 22 (of 82)

Best time in course: 1:06:42

Category:

Seniorinnen 1 (TW 40)

Rank in category: 4(of 14)

Best time in the category: 1:06:42

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| Schwimmen nett  | 0.50        | 11:42         | 2.56          | 4           | 3:03           | 34           | 4:57            | 0.50        | 11:42         | 2.56          | 3           | 3:02           | 83           |                 |
| Wechsel S->R    | -           | 3:07          | -             | 7           | 1:31           | 49           | 1:37            | 0.50        | 14:49         | 2.02          | 3           | 4:33           | 83           |                 |
| Schwimmen Total | 0.50        | 14:49         | 2.02          | 3           | 4:33           | 83           |                 | 0.50        | 14:49         | 2.02          | 3           | 4:33           | 83           |                 |
| ZZ Rad          | 5.75        | 8:33          | 40.35         | 4           | 1:13           | 26           | 1:13            | 6.25        | 23:22         | 16.05         | 3           | 5:46           | 83           |                 |
| ZZ Rad          | 4.25        | 11:45         | 21.70         | 4           | 1:42           | 26           | 1:42            | 10.50       | 35:07         | 17.94         | 3           | 7:28           | 83           |                 |
| ZZ Rad          | 4.25        | 11:43         | 21.76         | 4           | 1:40           | 24           | 1:40            | 14.75       | 46:50         | 18.90         | 3           | 9:08           | 83           |                 |
| Rad Ziel        | 5.75        | 9:16          | 37.23         | 4           | 1:18           | 22           | 1:18            | 20.50       | 56:06         | 21.93         | 3           | 10:26          | 83           |                 |
| Rad Net         | 20.00       | 41:17         | 29.07         | 4           | 5:53           | 23           | 5:53            | 20.50       | 56:06         | 21.93         | 3           | 10:26          | 83           |                 |
| Wechsel R->L    | -           | 0:54          | -             | 3           | 0:13           | 14           | 0:19            | 20.50       | 57:00         | 21.58         | 3           | 10:39          | 83           |                 |
| Rad Total       | 20.00       | 42:11         | 28.45         | 4           | 6:06           | 23           | 6:06            | 20.50       | 57:00         | 21.58         | 3           | 10:39          | 83           |                 |
| ZZ Lauf         | 2.50        | 12:07         | 12.38         | 4           | 2:14           | 21           | 3:14            | 23.00       | 1:09:07       | 19.97         | 3           | 12:53          | 83           |                 |
| Lauf Ziel       | 2.50        | 12:39         | 11.86         | 4           | 2:11           | 20           | 3:24            | 25.50       | 1:21:46       | 18.71         | 4           | 15:04          | 22           | 15:04           |
| Lauf Total      | 5.00        | 24:46         | 12.11         | 4           | 4:25           | 20           | 6:38            | 25.50       | 1:21:46       | 18.71         | 4           | 15:04          | 22           | 15:04           |