



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Marschner, Sascha

Total time: 1:05:27

Club: TF Feuerbach

Number: 106

Course: 25.50 km

Rank in course/Total: 8 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 8 (of 231)

Best time in course: 58:01

Category:

Rank in category: 2(of 20)

männliche AK 3 (TM 30)

Best time in the category: 1:00:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:24	3.19	2	1:09	35	2:21	0.50	9:24	3.19	21		232	
Wechsel S->R	-	1:35	-	1	-	8	0:27	0.50	10:59	2.73	21		232	
Schwimmen Total	0.50	10:59	2.73	21		232		0.50	10:59	2.73	21		232	
ZZ Rad	5.75	7:19	47.15	4	0:53	24	0:53	6.25	18:18	20.49	21		232	
ZZ Rad	4.25	9:42	26.29	3	0:18	11	0:27	10.50	28:00	22.50	21		227	
ZZ Rad	4.25	9:47	26.06	3	0:23	15	0:28	14.75	37:47	23.42	21		227	
Rad Ziel	5.75	7:44	44.61	3	0:17	16	3:07	20.50	45:31	27.02	21		232	
Rad Net	20.00	34:32	34.75	3	1:25	18	16:23	20.50	45:31	27.02	21		232	
Wechsel R->L	-	0:38	-	5	0:03	15	0:09	20.50	46:09	26.65	21		229	
Rad Total	20.00	35:10	34.12	3	1:26	12	14:58	20.50	46:09	26.65	21		229	
ZZ Lauf	2.50	9:26	15.90	3	1:15	11	1:27	23.00	55:35	24.83	21		228	
Lauf Ziel	2.50	9:52	15.20	4	1:19	14	1:19	25.50	1:05:27	23.38	2	4:35	8	7:26
Lauf Total	5.00	19:18	15.54	4	2:34	14	2:39	25.50	1:05:27	23.38	2	4:35	8	7:26