11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Kripp, Nicole

Total time: 1:28:02

Club: WSV Vorwärts Ludwigshafen
Number: 65

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 218 (of 313)
Rank in course/Women: 40 (of 82)
Best time in course: 1:06:42

Category:
Seniorinnen 2 TW 45)

Rank in category: 7(of 15)
Best time in the category: 1:18:33

Intermediate times

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Stage score Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Total ranking Pos Women	Behind Women
Schwimmen nett	0.50	11:28	2.62	4	2:42	24	4:43	0.50	11:28	2.62	16		83	
Wechsel S->R	-	2:42	-	5	0:34	38	1:12	0.50	14:10	2.12	16		83	
Schwimmen Tota	0.50	14:10	2.12	16		83		0.50	14:10	2.12	16		83	
ZZ Rad	5.75	9:12	37.50	10	1:09	51	1:52	6.25	23:22	16.05	16		83	
ZZ Rad	4.25	12:44	20.03	10	1:51	46	2:41	10.50	36:06	17.45	16		83	
ZZ Rad	4.25	12:48	19.92	11	1:31	51	2:45	14.75	48:54	18.10	16		83	
Rad Ziel	5.75	10:16	33.60	9	1:25	50	2:18	20.50	59:10	20.79	16		83	
Rad Net	20.00	45:00	26.67	11	5:56	49	9:36	20.50	59:10	20.79	16		83	
Wechsel R->L	-	1:09	-	6	0:19	34	0:34	20.50	1:00:19	20.39	16		83	
Rad Total	20.00	46:09	26.00	9	5:54	45	10:04	20.50	1:00:19	20.39	16		83	
ZZ Lauf	2.50	13:39	10.99	9	1:48	48	4:46	23.00	1:13:58	18.66	16		83	
Lauf Ziel	2.50	14:04	10.66	7	3:24	43	4:49	25.50	1:28:02	17.38	7	9:29	40	21:20
Lauf Total	5.00	27:43	10.82	8	4:45	44	9:35	25.50	1:28:02	17.38	7	9:29	40	21:20