



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Rechner, Birgit

Total time: 1:29:00

Number: 88

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 225 (of 313)

Rank in course/Women: 43 (of 82)

Best time in course: 1:06:42

Category:

Seniorinnen 2 TW 45)

Rank in category: 8(of 15)

Best time in the category: 1:18:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:40	2.57	5	2:54	31	4:55	0.50	11:40	2.57	16			83
Wechsel S->R	-	3:03	-	7	0:55	46	1:33	0.50	14:43	2.04	16			83
Schwimmen Total	0.50	14:43	2.04	16		83		0.50	14:43	2.04	16			83
ZZ Rad	5.75	8:33	40.35	5	0:30	26	1:13	6.25	23:16	16.12	16			83
ZZ Rad	4.25	11:40	21.86	5	0:47	23	1:37	10.50	34:56	18.03	16			83
ZZ Rad	4.25	11:50	21.55	4	0:33	26	1:47	14.75	46:46	18.92	16			83
Rad Ziel	5.75	9:18	37.10	3	0:27	24	1:20	20.50	56:04	21.94	16			83
Rad Net	20.00	41:21	29.02	3	2:17	25	5:57	20.50	56:04	21.94	16			83
Wechsel R->L	-	1:00	-	4	0:10	22	0:25	20.50	57:04	21.55	16			83
Rad Total	20.00	42:21	28.34	3	2:06	24	6:16	20.50	57:04	21.55	16			83
ZZ Lauf	2.50	15:13	9.86	13	3:22	65	6:20	23.00	1:12:17	19.09	16			83
Lauf Ziel	2.50	16:43	8.97	13	6:03	73	7:28	25.50	1:29:00	17.19	8	10:27	43	22:18
Lauf Total	5.00	31:56	9.39	13	8:58	71	13:48	25.50	1:29:00	17.19	8	10:27	43	22:18