



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Zimmermann, Maik

Total time: 1:10:43

Club: RSC Kirrlach

Number: 105

Course: 25.50 km

Rank in course/Total: 40 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 37 (of 231)

Best time in course: 58:01

Category:

Rank in category: 7(of 28)

männliche AK 4 (TM 35)

Best time in the category: 1:03:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:52	3.04	10	1:42	53	2:49	0.50	9:52	3.04	29	0:20	232	0:14
Wechsel S->R	-	1:46	-	4	0:14	18	0:38	0.50	11:38	2.58	29	0:03	232	
Schwimmen Total	0.50	11:38	2.58	29	0:03	232		0.50	11:38	2.58	29	0:03	232	
ZZ Rad	5.75	7:54	43.67	12	1:04	80	1:28	6.25	19:32	19.20	1	-	232	0:18
ZZ Rad	4.25	10:52	23.47	9	1:23	75	1:37	10.50	30:24	20.72	27		3	1:05
ZZ Rad	4.25	10:49	23.57	9	1:19	74	1:30	14.75	41:13	21.47	27		227	1:53
Rad Ziel	5.75	8:31	40.51	12	1:06	75	3:54	20.50	49:44	24.73	29		232	2:36
Rad Net	20.00	38:06	31.50	12	19:57	77	19:57	20.50	49:44	24.73	29		232	2:36
Wechsel R->L	-	0:53	-	12	0:10	72	0:24	20.50	50:37	24.30	28		229	2:33
Rad Total	20.00	38:59	30.78	11	18:47	74	18:47	20.50	50:37	24.30	28		229	2:33
ZZ Lauf	2.50	10:06	14.85	5	1:15	31	2:07	23.00	1:00:43	22.73	27		228	3:48
Lauf Ziel	2.50	10:00	15.00	4	0:35	16	1:27	25.50	1:10:43	21.64	7	7:23	37	12:42
Lauf Total	5.00	20:06	14.93	4	1:50	21	3:27	25.50	1:10:43	21.64	7	7:23	37	12:42