



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Koob, Kerstin

Total time: 1:30:22

Number: 63

Course: 25.50 km

Rank in course/Total: 236 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 47 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 3(of 8)

weibliche AK 4 (TW 35)

Best time in the category: 1:21:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:47	2.35	7	3:36	57	6:02	0.50	12:47	2.35	4	3:36	83	
Wechsel S->R	-	2:10	-	2	0:05	16	0:40	0.50	14:57	2.01	4	3:41	83	
Schwimmen Total	0.50	14:57	2.01	4	3:41	83		0.50	14:57	2.01	4	3:41	83	
ZZ Rad	5.75	9:02	38.19	4	0:37	44	1:42	6.25	23:59	15.64	4	4:11	83	
ZZ Rad	4.25	12:27	20.48	4	1:02	44	2:24	10.50	36:26	17.29	4	4:58	83	
ZZ Rad	4.25	12:09	20.99	4	0:57	34	2:06	14.75	48:35	18.22	4	5:17	83	
Rad Ziel	5.75	9:56	34.73	4	0:45	42	1:58	20.50	58:31	21.02	4	6:02	83	
Rad Net	20.00	43:34	27.54	4	3:14	40	8:10	20.50	58:31	21.02	4	6:02	83	
Wechsel R->L	-	1:36	-	8	0:44	68	1:01	20.50	1:00:07	20.46	4	6:42	83	
Rad Total	20.00	45:10	26.57	4	3:40	41	9:05	20.50	1:00:07	20.46	4	6:42	83	
ZZ Lauf	2.50	15:05	9.94	4	1:25	64	6:12	23.00	1:15:12	18.35	4	7:56	83	
Lauf Ziel	2.50	15:10	9.89	4	1:04	61	5:55	25.50	1:30:22	16.93	3	8:34	47	23:40
Lauf Total	5.00	30:15	9.92	4	2:29	64	12:07	25.50	1:30:22	16.93	3	8:34	47	23:40