



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Keuschen, Patrick

Total time: 1:13:44

Club: Heppenheimer Skiclub

Number: 43

Course: 25.50 km

Rank in course/Total: 64 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 61 (of 231)

Best time in course: 58:01

Category:

Rank in category: 9(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:36	2.38	29	3:57	176	5:33	0.50	12:36	2.38	40	0:22	8	2:58
Wechsel S->R	-	2:26	-	15	0:50	98	1:18	0.50	15:02	2.00	40	0:28	8	3:10
Schwimmen Total	0.50	15:02	2.00	40	0:28	8	3:10	0.50	15:02	2.00	40	0:28	8	3:10
ZZ Rad	5.75	7:32	45.80	5	0:15	40	1:06	6.25	22:34	16.62	40	0:13	8	3:20
ZZ Rad	4.25	10:30	24.29	10	0:36	51	1:15	10.50	33:04	19.05	39		8	3:45
ZZ Rad	4.25	10:28	24.36	9	0:34	48	1:09	14.75	43:32	20.33	39		8	4:12
Rad Ziel	5.75	8:07	42.51	5	0:22	37	3:30	20.50	51:39	23.81	40		8	4:31
Rad Net	20.00	36:37	32.77	7	1:45	47	18:28	20.50	51:39	23.81	40		8	4:31
Wechsel R->L	-	1:29	-	29	0:58	183	1:00	20.50	53:08	23.15	39		8	5:04
Rad Total	20.00	38:06	31.50	8	2:27	55	17:54	20.50	53:08	23.15	39		8	5:04
ZZ Lauf	2.50	10:15	14.63	8	0:58	37	2:16	23.00	1:03:23	21.77	39		8	6:28
Lauf Ziel	2.50	10:21	14.49	6	0:51	27	1:48	25.50	1:13:44	20.75	9	6:14	61	15:43
Lauf Total	5.00	20:36	14.56	6	1:49	28	3:57	25.50	1:13:44	20.75	9	6:14	61	15:43