



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Ochsenreiter, Miriam

Total time: 1:33:31

Number: 75

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 258 (of 313)

Rank in course/Women: 62 (of 82)

Best time in course: 1:06:42

Category:

weibliche AK 4 (TW 35)

Rank in category: 6(of 8)

Best time in the category: 1:21:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:07	2.48	4	2:56	41	5:22	0.50	12:07	2.48	3	2:56	83	
Wechsel S->R	-	3:36	-	7	1:31	61	2:06	0.50	15:43	1.91	6	4:27	83	
Schwimmen Total	0.50	15:43	1.91	6	4:27	83		0.50	15:43	1.91	6	4:27	83	
ZZ Rad	5.75	9:57	34.67	8	1:32	72	2:37	6.25	25:40	14.61	6	5:52	83	
ZZ Rad	4.25	13:43	18.59	7	2:18	71	3:40	10.50	39:23	16.00	6	7:55	83	
ZZ Rad	4.25	14:08	18.04	8	2:56	75	4:05	14.75	53:31	16.54	6	10:13	83	0:01
Rad Ziel	5.75	11:13	30.76	8	2:02	73	3:15	20.50	1:04:44	19.00	6	12:15	83	1:01
Rad Net	20.00	49:01	24.48	8	8:41	74	13:37	20.50	1:04:44	19.00	6	12:15	83	1:01
Wechsel R->L	-	1:01	-	4	0:09	26	0:26	20.50	1:05:45	18.71	6	12:20	83	1:01
Rad Total	20.00	50:02	23.98	8	8:32	73	13:57	20.50	1:05:45	18.71	6	12:20	83	1:01
ZZ Lauf	2.50	13:40	10.98	1	-	51	4:47	23.00	1:19:25	17.38	6	12:09	83	1:53
Lauf Ziel	2.50	14:06	10.64	1	-	46	4:51	25.50	1:33:31	16.36	6	11:43	62	26:49
Lauf Total	5.00	27:46	10.80	1	-	46	9:38	25.50	1:33:31	16.36	6	11:43	62	26:49