



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Beljan, Rebecca

Total time: 1:34:51

Number: 85

Course: 25.50 km

Rank in course/Total: 267 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 64 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 13(of 13)

weibliche AK 3 (TW 30)

Best time in the category: 1:10:40

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.50	11:36	2.59	10	1:35	28	4:51	0.50	11:36	2.59	9	1:03	83		
Wechsel S->R	-	3:18	-	11	1:35	56	1:48	0.50	14:54	2.01	9	2:28	83		
Schwimmen Total	0.50	14:54	2.01	9	2:28	83		0.50	14:54	2.01	9	2:28	83		
ZZ Rad	5.75	9:27	36.51	12	1:45	57	2:07	6.25	24:21	15.40	9	4:10	83		
ZZ Rad	4.25	13:09	19.39	13	2:27	60	3:06	10.50	37:30	16.80	9	6:37	10		
ZZ Rad	4.25	13:23	19.05	13	2:46	63	3:20	14.75	50:53	17.39	9	9:23	83		
Rad Ziel	5.75	10:30	32.86	13	2:08	59	2:32	20.50	1:01:23	20.04	9	11:25	83		
Rad Net	20.00	46:29	25.82	13	8:57	60	11:05	20.50	1:01:23	20.04	9	11:25	83		
Wechsel R->L	-	1:20	-	9	0:45	50	0:45	20.50	1:02:43	19.61	9	11:17	83		
Rad Total	20.00	47:49	25.10	13	9:04	60	11:44	20.50	1:02:43	19.61	9	11:17	83		
ZZ Lauf	2.50	15:45	9.52	13	6:52	74	6:52	23.00	1:18:28	17.59	9	16:07	83	0:56	
Lauf Ziel	2.50	16:23	9.16	12	7:08	68	7:08	25.50	1:34:51	16.13	13	24:11	64	28:09	
Lauf Total	5.00	32:08	9.34	13	14:00	72	14:00	25.50	1:34:51	16.13	13	24:11	64	28:09	