



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Krämer, Otto

Total time: 1:16:04

Number: 142

Course: 25.50 km

Rank in course/Total: 89 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 80 (of 231)

Best time in course: 58:01

Category:

Rank in category: 6(of 21)

Senioren 4 (TM 55)

Best time in the category: 1:09:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:36	2.83	5	2:47	96	3:33	0.50	10:36	2.83	22		232	0:58
Wechsel S->R	-	2:18	-	7	0:31	75	1:10	0.50	12:54	2.33	22		232	1:02
Schwimmen Total	0.50	12:54	2.33	22		232	1:02	0.50	12:54	2.33	22		232	1:02
ZZ Rad	5.75	8:23	41.15	10	1:11	149	1:57	6.25	21:17	17.62	22		232	2:03
ZZ Rad	4.25	11:00	23.18	7	0:55	91	1:45	10.50	32:17	19.51	22		227	2:58
ZZ Rad	4.25	10:48	23.61	7	0:43	70	1:29	14.75	43:05	20.54	22		227	3:45
Rad Ziel	5.75	8:39	39.88	8	0:38	88	4:02	20.50	51:44	23.78	22		232	4:36
Rad Net	20.00	38:50	30.90	8	3:12	98	20:41	20.50	51:44	23.78	22		232	4:36
Wechsel R->L	-	1:02	-	7	0:22	98	0:33	20.50	52:46	23.31	22		229	4:42
Rad Total	20.00	39:52	30.10	8	3:04	92	19:40	20.50	52:46	23.31	22		229	4:42
ZZ Lauf	2.50	11:26	13.12	6	1:26	90	3:27	23.00	1:04:12	21.50	22		228	7:17
Lauf Ziel	2.50	11:52	12.64	6	1:13	86	3:19	25.50	1:16:04	20.11	6	6:18	80	18:03
Lauf Total	5.00	23:18	12.88	6	2:24	86	6:39	25.50	1:16:04	20.11	6	6:18	80	18:03