



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Schmidt, Holger

Total time: 1:16:22

Number: 123

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 94 (of 313)

Rank in course/Men: 84 (of 231)

Best time in course: 58:01

Category:

Senioren 2 (TM 45)

Rank in category: 17(of 39)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:46	2.35	30	4:07	181	5:43	0.50	12:46	2.35	40	0:32	232	3:08
Wechsel S->R	-	2:32	-	17	0:56	107	1:24	0.50	15:18	1.96	40	0:44	232	3:26
Schwimmen Total	0.50	15:18	1.96	40	0:44	232	3:26	0.50	15:18	1.96	40	0:44	232	3:26
ZZ Rad	5.75	7:52	43.86	13	0:35	77	1:26	6.25	23:10	16.19	40	0:49	17	3:56
ZZ Rad	4.25	10:55	23.36	15	1:01	82	1:40	10.50	34:05	18.48	39	0:31	227	4:46
ZZ Rad	4.25	10:53	23.43	14	0:59	82	1:34	14.75	44:58	19.68	39	0:14	227	5:38
Rad Ziel	5.75	8:20	41.40	10	0:35	63	3:43	20.50	53:18	23.08	40		232	6:10
Rad Net	20.00	38:00	31.58	12	3:08	74	19:51	20.50	53:18	23.08	40		232	6:10
Wechsel R->L	-	1:07	-	15	0:36	120	0:38	20.50	54:25	22.60	39		229	6:21
Rad Total	20.00	39:07	30.68	12	3:28	75	18:55	20.50	54:25	22.60	39		229	6:21
ZZ Lauf	2.50	10:48	13.89	15	1:31	64	2:49	23.00	1:05:13	21.16	39	0:12	228	8:18
Lauf Ziel	2.50	11:09	13.45	13	1:39	58	2:36	25.50	1:16:22	20.03	17	8:52	84	18:21
Lauf Total	5.00	21:57	13.67	12	3:10	61	5:18	25.50	1:16:22	20.03	17	8:52	84	18:21