



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Rapp, Hans-Peter

Total time: 1:16:35

Number: 140

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 97 (of 313)

Rank in course/Men: 86 (of 231)

Best time in course: 58:01

Category:

Senioren 2 (TM 45)

Rank in category: 18(of 39)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:15	2.93	10	1:36	73	3:12	0.50	10:15	2.93	40		232	0:37
Wechsel S->R	-	2:36	-	20	1:00	114	1:28	0.50	12:51	2.33	40		232	0:59
Schwimmen Total	0.50	12:51	2.33	40		232	0:59	0.50	12:51	2.33	40		232	0:59
ZZ Rad	5.75	8:28	40.75	26	1:11	158	2:02	6.25	21:19	17.59	40		232	2:05
ZZ Rad	4.25	11:13	22.73	18	1:19	106	1:58	10.50	32:32	19.36	39		22	3:13
ZZ Rad	4.25	11:20	22.50	23	1:26	123	2:01	14.75	43:52	20.17	39		227	4:32
Rad Ziel	5.75	9:18	37.10	26	1:33	157	4:41	20.50	53:10	23.13	40		232	6:02
Rad Net	20.00	40:19	29.76	25	5:27	143	22:10	20.50	53:10	23.13	40		232	6:02
Wechsel R->L	-	1:18	-	25	0:47	159	0:49	20.50	54:28	22.58	39		229	6:24
Rad Total	20.00	41:37	28.83	24	5:58	142	21:25	20.50	54:28	22.58	39		229	6:24
ZZ Lauf	2.50	10:39	14.08	11	1:22	54	2:40	23.00	1:05:07	21.19	39	0:06	228	8:12
Lauf Ziel	2.50	11:28	13.08	17	1:58	72	2:55	25.50	1:16:35	19.98	18	9:05	86	18:34
Lauf Total	5.00	22:07	13.56	14	3:20	65	5:28	25.50	1:16:35	19.98	18	9:05	86	18:34