11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Radmacher, Manuel

Total time: 1:18:50

Club: TmzF Lampertheim
Number: 141

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 125 (of 313)
Rank in course/Men: 110 (of 231)
Best time in course: 58:01

Category:
männliche AK 3 (TM 30)

Rank in category: 12(of 20)
Best time in the category: 1:00:52

Intermediate times

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	Stage score							Total ranking						
Schwimmen nett	0.50	10:57	2.74	10	2:42	110	3:54	0.50	10:57	2.74	21		232	1:19
Wechsel S->R	-	3:31	-	15	1:56	174	2:23	0.50	14:28	2.07	21		9	2:36
Schwimmen Tota	0.50	14:28	2.07	21		9	2:36	0.50	14:28	2.07	21		9	2:36
ZZ Rad	5.75	8:17	41.65	13	1:51	138	1:51	6.25	22:45	16.48	21		20	3:31
ZZ Rad	4.25	11:36	21.98	14	2:12	147	2:21	10.50	34:21	18.34	21		227	5:02
ZZ Rad	4.25	11:41	21.83	14	2:17	150	2:22	14.75	46:02	19.23	21		227	6:42
Rad Ziel	5.75	9:16	37.23	14	1:49	151	4:39	20.50	55:18	22.24	21		32	8:10
Rad Net	20.00	40:50	29.39	14	7:43	152	22:41	20.50	55:18	22.24	21		32	8:10
Wechsel R->L	-	0:35	-	1	-	7	0:06	20.50	55:53	22.01	21		229	7:49
Rad Total	20.00	41:25	28.97	14	7:41	140	21:13	20.50	55:53	22.01	21		229	7:49
ZZ Lauf	2.50	11:16	13.31	9	3:05	83	3:17	23.00	1:07:09	20.55	21		228	10:14
Lauf Ziel	2.50	11:41	12.84	9	3:08	79	3:08	25.50	1:18:50	19.41	12	17:58	110	20:49
Lauf Total	5.00	22:57	13.07	9	6:13	80	6:18	25.50	1:18:50	19.41	12	17:58	110	20:49