



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Puertas, Alvaro

Club: EvaSion Running Mallorca
Number: 194

Course: 160.90 km
100MeilenBerlin

Category:
Senioren M35 (35-39 Jahre)

Total time: 22:34:27

Speed: 7.09 km/h
Running performance: 8:25 min/km

Rank in course/Total: 77 (of 246)

Rank in course/Men: 72 (of 211)

Best time in course: 13:06:52

Rank in category: 9(of 16)

Best time in the category: 14:04:27

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Mahnmahl P | 9.02 | 46:09 | 5:06 | 2 | 3:52 | 9 | 5:13 | 9.02 | 46:09 | 5:06 | 2 | 3:52 | 9 | 5:13 |
| VP2 - Schlesische | 5.98 | 30:56 | 5:10 | 2 | 3:27 | 12 | 4:50 | 15.00 | 1:17:05 | 5:08 | 2 | 7:19 | 10 | 10:03 |
| VP3 - Sonnenalle | 6.00 | 32:07 | 5:21 | 2 | 3:56 | 20 | 6:29 | 21.00 | 1:49:12 | 5:12 | 2 | 11:15 | 11 | 16:32 |
| VP4 - Stubenrauc | 5.73 | 31:57 | 5:34 | 3 | 5:54 | 31 | 6:42 | 26.73 | 2:21:09 | 5:16 | 2 | 17:09 | 13 | 23:14 |
| VP5 - U-Bahnhof | 4.30 | 26:16 | 6:06 | 2 | 5:09 | 21 | 5:09 | 31.03 | 2:47:25 | 5:23 | 2 | 22:18 | 16 | 27:17 |
| VP6 - Buckower I | 5.40 | 32:27 | 6:00 | 3 | 7:04 | 24 | 7:04 | 36.43 | 3:19:52 | 5:29 | 2 | 29:22 | 12 | 34:20 |
| VP7 - Kirchhainer | 5.54 | 32:48 | 5:55 | 2 | 5:34 | 23 | 6:37 | 41.97 | 3:52:40 | 5:32 | 2 | 34:56 | 16 | 40:20 |
| VP8 - Lichtenradi | 4.42 | 26:51 | 6:04 | 5 | 5:33 | 35 | 6:38 | 46.39 | 4:19:31 | 5:35 | 2 | 40:29 | 19 | 46:58 |
| VP9 - Osdorfer St | 5.77 | 37:17 | 6:27 | 5 | 10:01 | 47 | 11:05 | 52.16 | 4:56:48 | 5:41 | 2 | 50:30 | 21 | 57:25 |
| VP10 - Sportplatz | 6.41 | 51:08 | 7:58 | 9 | 21:10 | 84 | 22:20 | 58.57 | 5:47:56 | 5:56 | 3 | 1:11:40 | 27 | 1:18:11 |
| VP11 - Königsweg | 6.18 | 47:19 | 7:39 | 9 | 15:22 | 90 | 18:26 | 64.75 | 6:35:15 | 6:06 | 4 | 1:27:02 | 31 | 1:35:46 |
| VP12 - Gedenkst | 6.18 | 49:19 | 7:58 | 5 | 16:20 | 55 | 17:52 | 70.93 | 7:24:34 | 6:16 | 4 | 1:43:22 | 33 | 1:52:57 |
| VP13 - Brauhaus | 6.84 | 53:26 | 7:48 | 10 | 16:39 | 86 | 29:49 | 77.77 | 8:18:00 | 6:24 | 5 | 2:00:01 | 38 | 2:14:00 |
| VP14 - Revierförs | 6.06 | 48:56 | 8:04 | 7 | 17:12 | 77 | 19:32 | 83.83 | 9:06:56 | 6:31 | 5 | 2:17:13 | 39 | 2:33:32 |
| VP15 - Schloß Sa | 6.20 | 1:13:07 | 11:47 | 14 | 36:21 | 141 | 43:20 | 90.03 | 10:20:03 | 6:53 | 5 | 2:53:34 | 47 | 3:16:52 |
| VP16 - Pagel & Fi | 7.63 | 1:09:04 | 9:03 | 11 | 27:38 | 113 | 32:40 | 97.66 | 11:29:07 | 7:03 | 6 | 3:21:12 | 50 | 3:49:05 |
| VP17 - Wilhelmst | 4.84 | 39:28 | 8:09 | 8 | 11:55 | 72 | 14:21 | 102.50 | 12:08:35 | 7:06 | 6 | 3:33:07 | 50 | 4:03:26 |
| VP18 - Falkensee | 6.58 | 52:06 | 7:55 | 8 | 15:23 | 52 | 18:38 | 109.08 | 13:00:41 | 7:09 | 7 | 3:48:30 | 50 | 4:21:21 |
| VP19 - Schönwal | 5.70 | 51:29 | 9:01 | 8 | 19:47 | 64 | 22:40 | 114.78 | 13:52:10 | 7:15 | 7 | 4:08:17 | 52 | 4:44:01 |
| VP20 - Grenzturn | 7.53 | 1:07:53 | 9:00 | 8 | 26:36 | 66 | 33:17 | 122.31 | 15:00:03 | 7:21 | 7 | 4:34:53 | 53 | 5:13:08 |
| VP21 - Ruderclub | 4.78 | 1:29:47 | 18:46 | 15 | 1:02:08 | 180 | 1:06:26 | 127.09 | 16:29:50 | 7:47 | 7 | 5:37:01 | 65 | 6:19:34 |
| VP22 - Frohnau (| 4.03 | 40:37 | 10:04 | 11 | 18:13 | 98 | 19:05 | 131.12 | 17:10:27 | 7:51 | 7 | 5:55:14 | 66 | 6:38:39 |
| VP23 - Naturschu | 6.78 | 1:11:23 | 10:31 | 11 | 29:38 | 101 | 37:37 | 137.90 | 18:21:50 | 7:59 | 7 | 6:24:52 | 64 | 7:16:16 |
| VP24 - Oranienbu | 4.75 | 51:56 | 10:55 | 11 | 23:02 | 111 | 26:04 | 142.65 | 19:13:46 | 8:05 | 7 | 6:47:54 | 64 | 7:41:46 |
| VP25 - Lübars | 5.69 | 59:09 | 10:23 | 13 | 26:49 | 105 | 29:49 | 148.34 | 20:12:55 | 8:10 | 9 | 7:14:43 | 64 | 8:11:35 |
| VP26 - S-Bahnhö | 5.71 | 1:12:21 | 12:40 | 14 | 40:21 | 167 | 42:40 | 154.05 | 21:25:16 | 8:20 | 9 | 7:55:04 | 71 | 8:54:15 |
| VP27 - Wollankst | 3.09 | 27:47 | 8:59 | 14 | 14:09 | 142 | 15:26 | 157.14 | 21:53:03 | 8:21 | 9 | 8:09:13 | 71 | 9:08:17 |
| Friedrich-Ludwig | 3.76 | 41:24 | 11:00 | 12 | 20:47 | 109 | 20:47 | 160.90 | 22:34:27 | 8:25 | 9 | 8:30:00 | 72 | 9:27:35 |