



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Woitynek, Martin

Club: LG Mauerweg Berlin e.V.

Number: 50

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 22:45:26

Speed: 7.03 km/h

Running performance: 8:29 min/km

Rank in course/Total: 83 (of 246)

Rank in course/Men: 78 (of 211)

Best time in course: 13:06:52

Rank in category: 19(of 36)

Best time in the category: 15:19:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
VP1 - Mahnmal P	9.02	57:49	6:24	15	12:03	54	16:53	9.02	57:49	6:24	15	12:03	54	16:53			
VP2 - Schlesische	5.98	34:26	5:45	13	6:02	50	8:20	15.00	1:32:15	6:09	13	18:05	51	25:13			
VP3 - Sonnenalle	6.00	33:08	5:31	7	4:01	30	7:30	21.00	2:05:23	5:58	12	22:06	43	32:43			
VP4 - Stubenrauc	5.73	31:52	5:33	8	3:16	29	6:37	26.73	2:37:15	5:52	12	25:00	40	39:20			
VP5 - U-Bahnhof	4.30	28:33	6:38	13	4:06	48	7:26	31.03	3:05:48	5:59	12	26:53	41	45:40			
VP6 - Buckower I	5.40	33:27	6:11	10	3:42	35	8:04	36.43	3:39:15	6:01	11	26:25	40	53:43			
VP7 - Kirchhainer	5.54	35:38	6:25	12	4:33	46	9:27	41.97	4:14:53	6:04	9	30:27	38	1:02:33			
VP8 - Lichtenradi	4.42	28:00	6:20	13	4:17	48	7:47	46.39	4:42:53	6:05	9	32:40	39	1:10:20			
VP9 - Osdorfer St	5.77	37:30	6:29	12	6:35	48	11:18	52.16	5:20:23	6:08	11	38:29	40	1:21:00			
VP10 - Sportplatz	6.41	47:48	7:27	16	11:51	64	19:00	58.57	6:08:11	6:17	11	50:20	44	1:38:26			
VP11 - Königsweg	6.18	45:40	7:23	15	11:58	72	16:47	64.75	6:53:51	6:23	12	57:10	47	1:54:22			
VP12 - Gedenkst	6.18	51:07	8:16	17	16:51	68	19:40	70.93	7:44:58	6:33	13	1:12:42	48	2:13:21			
VP13 - Brauhaus	6.84	50:46	7:25	17	10:38	66	27:09	77.77	8:35:44	6:37	13	1:20:19	49	2:31:44			
VP14 - Revierförs	6.06	50:04	8:15	17	16:34	85	20:40	83.83	9:25:48	6:44	12	1:36:53	48	2:52:24			
VP15 - Schloß Sa	6.20	59:20	9:34	16	23:52	69	29:33	90.03	10:25:08	6:56	13	2:00:45	49	3:21:57			
VP16 - Pagel & Fi	7.63	1:03:36	8:20	15	21:15	71	27:12	97.66	11:28:44	7:03	13	2:22:00	49	3:48:42			
VP17 - Wilhelmst	4.84	45:40	9:26	22	16:56	130	20:33	102.50	12:14:24	7:09	14	2:38:56	52	4:09:15			
VP18 - Falkensee	6.58	1:03:12	9:36	22	26:40	125	29:44	109.08	13:17:36	7:18	16	3:05:36	58	4:38:16			
VP19 - Schönwal	5.70	53:22	9:21	21	19:24	82	24:33	114.78	14:10:58	7:24	17	3:25:00	57	5:02:49			
VP20 - Grenzturn	7.53	1:21:45	10:51	25	38:45	135	47:09	122.31	15:32:43	7:37	18	4:03:45	61	5:45:48			
VP21 - Ruderclub	4.78	51:59	10:52	18	21:54	75	28:38	127.09	16:24:42	7:44	18	4:25:31	61	6:14:26			
VP22 - Frohnau (4.03	42:24	10:31	23	18:20	117	20:52	131.12	17:07:06	7:49	18	4:43:13	64	6:35:18			
VP23 - Naturschu	6.78	1:11:43	10:34	22	31:06	107	37:57	137.90	18:18:49	7:58	18	5:13:01	62	7:13:15			
VP24 - Oranienbu	4.75	54:04	11:22	20	25:01	124	28:12	142.65	19:12:53	8:04	18	5:38:02	62	7:40:53			
VP25 - Lübars	5.69	1:04:17	11:17	23	31:24	127	34:57	148.34	20:17:10	8:12	18	6:09:26	66	8:15:50			
VP26 - S-Bahnhö	5.71	1:08:08	11:55	24	34:15	147	38:27	154.05	21:25:18	8:20	19	6:43:41	72	8:54:17			
VP27 - Wollankst	3.09	29:03	9:24	30	16:42	160	16:42	157.14	21:54:21	8:21	19	6:58:21	73	9:09:35			
Friedrich-Ludwig	3.76	51:05	13:35	30	27:19	166	30:28	160.90	22:45:26	8:29	19	7:25:40	78	9:38:34			