



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

## Detailed evaluation

Loy, Stefan

Club: RSV Sugenheim

Number: 108

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 22:45:35

Speed: 7.03 km/h

Running performance: 8:29 min/km

Rank in course/Total: 85 (of 246)

Rank in course/Men: 80 (of 211)

Best time in course: 13:06:52

Rank in category: 20(of 36)

Best time in the category: 15:19:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmal P	9.02	1:01:22	6:48	22	15:36	92	20:26	9.02	1:01:22	6:48	22	15:36	92	20:26
VP2 - Schlesische	5.98	35:23	5:55	16	6:59	64	9:17	15.00	1:36:45	6:27	19	22:35	81	29:43
VP3 - Sonnenalle	6.00	37:06	6:11	24	7:59	80	11:28	21.00	2:13:51	6:22	21	30:34	78	41:11
VP4 - Stubenrauc	5.73	35:38	6:13	20	7:02	77	10:23	26.73	2:49:29	6:20	21	37:14	77	51:34
VP5 - U-Bahnhof	4.30	30:36	7:06	21	6:09	77	9:29	31.03	3:20:05	6:26	21	41:10	79	59:57
VP6 - Buckower I	5.40	37:35	6:57	21	7:50	90	12:12	36.43	3:57:40	6:31	21	44:50	79	1:12:08
VP7 - Kirchhainer	5.54	40:34	7:19	24	9:29	110	14:23	41.97	4:38:14	6:37	21	53:48	83	1:25:54
VP8 - Lichtenradi	4.42	32:02	7:14	22	8:19	102	11:49	46.39	5:10:16	6:41	21	1:00:03	84	1:37:43
VP9 - Osdorfer St	5.77	46:18	8:01	28	15:23	149	20:06	52.16	5:56:34	6:50	23	1:14:40	91	1:57:11
VP10 - Sportplatz	6.41	58:11	9:04	24	22:14	127	29:23	58.57	6:54:45	7:04	24	1:36:54	100	2:25:00
VP11 - Königsw	6.18	51:41	8:21	22	17:59	129	22:48	64.75	7:46:26	7:12	24	1:49:45	100	2:46:57
VP12 - Gedenkst	6.18	1:11:43	11:36	32	37:27	179	40:16	70.93	8:58:09	7:35	25	2:25:53	120	3:26:32
VP13 - Brauhaus	6.84	57:44	8:26	20	17:36	110	34:07	77.77	9:55:53	7:39	25	2:40:28	117	3:51:53
VP14 - Revierförs	6.06	48:35	8:01	15	15:05	72	19:11	83.83	10:44:28	7:41	25	2:55:33	117	4:11:04
VP15 - Schloß Sa	6.20	1:08:36	11:03	23	33:08	121	38:49	90.03	11:53:04	7:55	24	3:28:41	113	4:49:53
VP16 - Pagel & Fi	7.63	1:07:01	8:46	20	24:40	99	30:37	97.66	13:00:05	7:59	24	3:53:21	111	5:20:03
VP17 - Wilhelmst	4.84	43:03	8:53	19	14:19	102	17:56	102.50	13:43:08	8:01	22	4:07:40	106	5:37:59
VP18 - Falkensee	6.58	56:05	8:31	14	19:33	78	22:37	109.08	14:39:13	8:03	21	4:27:13	103	5:59:53
VP19 - Schönwal	5.70	52:29	9:12	19	18:31	71	23:40	114.78	15:31:42	8:07	21	4:45:44	100	6:23:33
VP20 - Grenzturn	7.53	1:08:27	9:05	16	25:27	70	33:51	122.31	16:40:09	8:10	21	5:11:11	93	6:53:14
VP21 - Ruderclub	4.78	56:57	11:54	24	26:52	104	33:36	127.09	17:37:06	8:19	20	5:37:55	93	7:26:50
VP22 - Frohnau (	4.03	38:50	9:38	17	14:46	78	17:18	131.12	18:15:56	8:21	20	5:52:03	93	7:44:08
VP23 - Naturschu	6.78	1:03:18	9:20	13	22:41	54	29:32	137.90	19:19:14	8:24	20	6:13:26	90	8:13:40
VP24 - Oranienbu	4.75	46:40	9:49	16	17:37	69	20:48	142.65	20:05:54	8:27	20	6:31:03	90	8:33:54
VP25 - Lübars	5.69	51:32	9:03	15	18:39	60	22:12	148.34	20:57:26	8:28	20	6:49:42	89	8:56:06
VP26 - S-Bahnh	5.71	51:29	9:00	13	17:36	60	21:48	154.05	21:48:55	8:29	20	7:07:18	85	9:17:54
VP27 - Wollankst	3.09	21:43	7:01	15	9:22	60	9:22	157.14	22:10:38	8:28	20	7:14:38	85	9:25:52
Friedrich-Ludwig	3.76	34:57	9:17	12	11:11	65	14:20	160.90	22:45:35	8:29	20	7:25:49	80	9:38:43