



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Reimer, Lars

Club: Wismar

Number: 22

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 23:03:37

Speed: 6.94 km/h

Running performance: 8:36 min/km

Rank in course/Total: 101 (of 246)

Rank in course/Men: 93 (of 211)

Best time in course: 13:06:52

Rank in category: 22(of 43)

Best time in the category: 16:18:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmal P	9.02	58:31	6:29	15	16:10	67	17:35	9.02	58:31	6:29	15	16:10	67	17:35
VP2 - Schlesische	5.98	36:43	6:08	18	9:15	82	10:37	15.00	1:35:14	6:20	14	25:25	67	28:12
VP3 - Sonnenalle	6.00	39:08	6:31	27	10:55	104	13:30	21.00	2:14:22	6:23	20	36:20	82	41:42
VP4 - Stubenrauc	5.73	35:42	6:13	18	9:03	78	10:27	26.73	2:50:04	6:21	20	45:23	82	52:09
VP5 - U-Bahnhof	4.30	31:55	7:25	24	10:12	98	10:48	31.03	3:21:59	6:30	20	55:35	82	1:01:51
VP6 - Buckower I	5.40	36:07	6:41	14	8:23	70	10:44	36.43	3:58:06	6:32	19	1:03:58	82	1:12:34
VP7 - Kirchhainer	5.54	42:55	7:44	28	13:04	139	16:44	41.97	4:41:01	6:41	20	1:17:02	90	1:28:41
VP8 - Lichtenradi	4.42	29:19	6:37	12	5:26	58	9:06	46.39	5:10:20	6:41	19	1:22:15	87	1:37:47
VP9 - Osdorfer St	5.77	41:24	7:10	18	10:25	85	15:12	52.16	5:51:44	6:44	18	1:28:21	84	1:52:21
VP10 - Sportplatz	6.41	51:27	8:01	19	17:31	86	22:39	58.57	6:43:11	6:53	20	1:45:52	82	2:13:26
VP11 - Königsw	6.18	43:36	7:03	10	9:03	47	14:43	64.75	7:26:47	6:54	20	1:47:48	78	2:27:18
VP12 - Gedenkst	6.18	54:48	8:52	21	16:49	106	23:21	70.93	8:21:35	7:04	20	2:04:37	79	2:49:58
VP13 - Brauhaus	6.84	54:34	7:58	19	28:37	93	30:57	77.77	9:16:09	7:09	20	2:16:30	81	3:12:09
VP14 - Revierförs	6.06	1:01:22	10:07	31	23:57	174	31:58	83.83	10:17:31	7:21	18	2:38:34	81	3:44:07
VP15 - Schloß Sa	6.20	1:05:30	10:33	22	26:49	101	35:43	90.03	11:23:01	7:35	18	3:02:31	82	4:19:50
VP16 - Pagel & Fi	7.63	1:09:58	9:10	24	22:52	119	33:34	97.66	12:32:59	7:42	20	3:25:23	87	4:52:57
VP17 - Wilhelmst	4.84	43:32	8:59	27	12:30	110	18:25	102.50	13:16:31	7:46	22	3:36:17	89	5:11:22
VP18 - Falkensee	6.58	1:04:49	9:51	31	31:21	139	31:21	109.08	14:21:20	7:53	22	4:00:09	93	5:42:00
VP19 - Schönwal	5.70	1:05:14	11:26	29	28:36	152	36:25	114.78	15:26:34	8:04	21	4:26:32	94	6:18:25
VP20 - Grenzturn	7.53	1:18:50	10:28	27	44:14	120	44:14	122.31	16:45:24	8:13	24	4:54:54	100	6:58:29
VP21 - Ruderclub	4.78	1:09:37	14:33	31	36:42	161	46:16	127.09	17:55:01	8:27	23	5:31:36	107	7:44:45
VP22 - Frohnau (4.03	41:57	10:24	22	15:26	111	20:25	131.12	18:36:58	8:31	23	5:47:02	108	8:05:10
VP23 - Naturschu	6.78	1:00:19	8:53	8	16:13	45	26:33	137.90	19:37:17	8:32	23	6:03:15	102	8:31:43
VP24 - Oranienbu	4.75	42:33	8:57	7	9:18	43	16:41	142.65	20:19:50	8:33	23	6:11:51	95	8:47:50
VP25 - Lübars	5.69	54:55	9:39	15	17:14	75	25:35	148.34	21:14:45	8:35	23	6:29:05	95	9:13:25
VP26 - S-Bahnh	5.71	50:31	8:50	8	10:57	54	20:50	154.05	22:05:16	8:36	22	6:37:18	92	9:34:15
VP27 - Wollankst	3.09	21:47	7:02	11	5:01	62	9:26	157.14	22:27:03	8:34	22	6:40:11	92	9:42:17
Friedrich-Ludwig	3.76	36:34	9:43	14	11:36	74	15:57	160.90	23:03:37	8:35	22	6:45:01	93	9:56:45