



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Steinicke, Thomas

Club: SGW 05 Berlin

Number: 221

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 23:42:00

Speed: 6.75 km/h

Running performance: 8:50 min/km

Rank in course/Total: 122 (of 246)

Rank in course/Men: 113 (of 211)

Best time in course: 13:06:52

Rank in category: 24(of 46)

Best time in the category: 16:59:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|--------|----------|--------|-----|---------|-----|-------------|----------------|------------|---------------|
| | | | | | | | | km | Time | min/km | Pos | Behind | Pos | | | | |
| VP1 - Mahnmal P | 9.02 | 1:11:17 | 7:54 | 38 | 30:14 | 178 | 30:21 | 9.02 | 1:11:17 | 7:54 | 38 | 30:14 | 178 | 30:21 | | | |
| VP2 - Schlesische | 5.98 | 44:52 | 7:30 | 37 | 18:44 | 175 | 18:46 | 15.00 | 1:56:09 | 7:44 | 39 | 48:58 | 182 | 49:07 | | | |
| VP3 - Sonnenalle | 6.00 | 41:18 | 6:52 | 26 | 12:57 | 137 | 15:40 | 21.00 | 2:37:27 | 7:29 | 36 | 1:01:55 | 171 | 1:04:47 | | | |
| VP4 - Stubenrauc | 5.73 | 38:16 | 6:40 | 23 | 9:54 | 119 | 13:01 | 26.73 | 3:15:43 | 7:19 | 36 | 1:11:49 | 167 | 1:17:48 | | | |
| VP5 - U-Bahnhof | 4.30 | 30:06 | 7:00 | 13 | 7:00 | 69 | 8:59 | 31.03 | 3:45:49 | 7:16 | 32 | 1:18:49 | 156 | 1:25:41 | | | |
| VP6 - Buckower I | 5.40 | 58:51 | 10:53 | 44 | 29:19 | 193 | 33:28 | 36.43 | 4:44:40 | 7:48 | 37 | 1:48:08 | 177 | 1:59:08 | | | |
| VP7 - Kirchhainer | 5.54 | 38:15 | 6:54 | 14 | 7:43 | 79 | 12:04 | 41.97 | 5:22:55 | 7:41 | 35 | 1:54:01 | 171 | 2:10:35 | | | |
| VP8 - Lichtenradi | 4.42 | 37:15 | 8:25 | 37 | 13:20 | 170 | 17:02 | 46.39 | 6:00:10 | 7:45 | 35 | 2:03:58 | 170 | 2:27:37 | | | |
| VP9 - Osdorfer St | 5.77 | 43:48 | 7:35 | 25 | 12:49 | 116 | 17:36 | 52.16 | 6:43:58 | 7:44 | 34 | 2:11:29 | 167 | 2:44:35 | | | |
| VP10 - Sportplatz | 6.41 | 52:04 | 8:07 | 16 | 17:14 | 89 | 23:16 | 58.57 | 7:36:02 | 7:47 | 30 | 2:21:59 | 147 | 3:06:17 | | | |
| VP11 - Königsw | 6.18 | 51:31 | 8:20 | 30 | 15:23 | 128 | 22:38 | 64.75 | 8:27:33 | 7:50 | 30 | 2:29:31 | 143 | 3:28:04 | | | |
| VP12 - Gedenkst | 6.18 | 56:58 | 9:13 | 28 | 19:23 | 125 | 25:31 | 70.93 | 9:24:31 | 7:57 | 29 | 2:46:01 | 141 | 3:52:54 | | | |
| VP13 - Brauhaus | 6.84 | 56:56 | 8:19 | 21 | 15:16 | 105 | 33:19 | 77.77 | 10:21:27 | 7:59 | 27 | 2:58:40 | 136 | 4:17:27 | | | |
| VP14 - Revierförs | 6.06 | 53:18 | 8:47 | 29 | 15:57 | 117 | 23:54 | 83.83 | 11:14:45 | 8:02 | 27 | 3:14:37 | 136 | 4:41:21 | | | |
| VP15 - Schloß Sa | 6.20 | 1:01:35 | 9:55 | 17 | 22:50 | 83 | 31:48 | 90.03 | 12:16:20 | 8:10 | 27 | 3:37:27 | 131 | 5:13:09 | | | |
| VP16 - Pagel & Fi | 7.63 | 59:48 | 7:50 | 9 | 12:54 | 53 | 23:24 | 97.66 | 13:16:08 | 8:09 | 26 | 3:49:44 | 129 | 5:36:06 | | | |
| VP17 - Wilhelmst | 4.84 | 44:45 | 9:14 | 30 | 13:40 | 122 | 19:38 | 102.50 | 14:00:53 | 8:12 | 26 | 4:03:24 | 129 | 5:55:44 | | | |
| VP18 - Falkensee | 6.58 | 54:32 | 8:17 | 13 | 14:38 | 66 | 21:04 | 109.08 | 14:55:25 | 8:12 | 26 | 4:18:02 | 122 | 6:16:05 | | | |
| VP19 - Schönwal | 5.70 | 53:52 | 9:27 | 19 | 17:06 | 88 | 25:03 | 114.78 | 15:49:17 | 8:16 | 24 | 4:35:08 | 116 | 6:41:08 | | | |
| VP20 - Grenzturn | 7.53 | 1:42:36 | 13:37 | 42 | 53:20 | 181 | 1:08:00 | 122.31 | 17:31:53 | 8:36 | 27 | 5:28:28 | 127 | 7:44:58 | | | |
| VP21 - Ruderclub | 4.78 | 43:44 | 9:08 | 5 | 5:48 | 36 | 20:23 | 127.09 | 18:15:37 | 8:37 | 26 | 5:34:01 | 120 | 8:05:21 | | | |
| VP22 - Frohnau (| 4.03 | 38:48 | 9:37 | 13 | 10:27 | 77 | 17:16 | 131.12 | 18:54:25 | 8:39 | 26 | 5:39:43 | 120 | 8:22:37 | | | |
| VP23 - Naturschu | 6.78 | 1:23:52 | 12:22 | 30 | 32:53 | 147 | 50:06 | 137.90 | 20:18:17 | 8:50 | 27 | 6:12:36 | 125 | 9:12:43 | | | |
| VP24 - Oranienbu | 4.75 | 38:08 | 8:01 | 2 | 1:19 | 27 | 12:16 | 142.65 | 20:56:25 | 8:48 | 26 | 6:06:59 | 118 | 9:24:25 | | | |
| VP25 - Lübars | 5.69 | 55:36 | 9:46 | 15 | 13:20 | 80 | 26:16 | 148.34 | 21:52:01 | 8:50 | 26 | 6:17:48 | 120 | 9:50:41 | | | |
| VP26 - S-Bahnh | 5.71 | 53:41 | 9:24 | 15 | 16:14 | 71 | 24:00 | 154.05 | 22:45:42 | 8:51 | 26 | 6:31:59 | 119 | 10:14:41 | | | |
| VP27 - Wollankst | 3.09 | 19:44 | 6:23 | 7 | 4:45 | 41 | 7:23 | 157.14 | 23:05:26 | 8:48 | 24 | 6:34:08 | 117 | 10:20:40 | | | |
| Friedrich-Ludwig | 3.76 | 36:34 | 9:43 | 15 | 11:14 | 74 | 15:57 | 160.90 | 23:42:00 | 8:50 | 24 | 6:42:19 | 113 | 10:35:08 | | | |