



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Vogel, Stephan

Club: Bergheim

Number: 36

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 23:55:02

Speed: 6.69 km/h

Running performance: 8:55 min/km

Rank in course/Total: 130 (of 246)

Rank in course/Men: 120 (of 211)

Best time in course: 13:06:52

Rank in category: 13(of 25)

Best time in the category: 17:16:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmahl P	9.02	1:07:49	7:31	20	21:30	160	26:53	9.02	1:07:49	7:31	20	21:30	160	26:53
VP2 - Schlesiische	5.98	42:16	7:04	22	11:40	161	16:10	15.00	1:50:05	7:20	21	33:10	162	43:03
VP3 - Sonnenalle	6.00	41:30	6:55	18	10:34	141	15:52	21.00	2:31:35	7:13	20	43:44	158	58:55
VP4 - Stubenrauc	5.73	39:10	6:50	16	10:17	133	13:55	26.73	3:10:45	7:08	20	54:01	154	1:12:50
VP5 - U-Bahnhof	4.30	33:06	7:41	15	8:30	120	11:59	31.03	3:43:51	7:12	20	1:02:31	151	1:23:43
VP6 - Buckower I	5.40	38:39	7:09	11	9:41	104	13:16	36.43	4:22:30	7:12	16	1:12:12	141	1:36:58
VP7 - Kirchhainer	5.54	39:59	7:13	10	9:30	98	13:48	41.97	5:02:29	7:12	13	1:21:42	130	1:50:09
VP8 - Lichtenradi	4.42	30:50	6:58	6	7:09	79	10:37	46.39	5:33:19	7:11	13	1:28:51	123	2:00:46
VP9 - Osdorfer St	5.77	43:55	7:36	13	12:29	117	17:43	52.16	6:17:14	7:13	13	1:41:20	123	2:17:51
VP10 - Sportplatz	6.41	47:32	7:24	7	10:39	62	18:44	58.57	7:04:46	7:15	11	1:51:59	107	2:35:01
VP11 - Königswel	6.18	46:09	7:28	10	10:10	79	17:16	64.75	7:50:55	7:16	10	2:02:09	104	2:51:26
VP12 - Gedenkst	6.18	1:00:02	9:42	20	20:12	149	28:35	70.93	8:50:57	7:29	10	2:22:21	110	3:19:20
VP13 - Brauhaus	6.84	51:22	7:30	7	9:58	70	27:45	77.77	9:42:19	7:29	10	2:32:19	105	3:38:19
VP14 - Revierförs	6.06	44:54	7:24	6	8:57	42	15:30	83.83	10:27:13	7:28	9	2:41:16	92	3:53:49
VP15 - Schloß Sa	6.20	1:27:39	14:08	22	48:11	179	57:52	90.03	11:54:52	7:56	12	3:29:27	115	4:51:41
VP16 - Pagel & Fi	7.63	1:06:50	8:45	13	17:19	98	30:26	97.66	13:01:42	8:00	10	3:46:46	113	5:21:40
VP17 - Wilhelmst	4.84	38:11	7:53	6	9:14	59	13:04	102.50	13:39:53	7:59	9	3:52:37	103	5:34:44
VP18 - Falkensee	6.58	54:12	8:14	7	12:11	63	20:44	109.08	14:34:05	8:00	9	4:03:37	101	5:54:45
VP19 - Schönwal	5.70	56:15	9:52	12	17:30	106	27:26	114.78	15:30:20	8:06	9	4:17:22	98	6:22:11
VP20 - Grenzturn	7.53	1:10:47	9:24	9	21:41	84	36:11	122.31	16:41:07	8:11	9	4:39:03	95	6:54:12
VP21 - Ruderclub	4.78	1:18:27	16:24	22	45:50	173	55:06	127.09	17:59:34	8:29	11	5:24:03	111	7:49:18
VP22 - Frohnau (4.03	37:20	9:15	7	10:11	57	15:48	131.12	18:36:54	8:31	11	5:31:35	107	8:05:06
VP23 - Naturschu	6.78	1:03:49	9:24	7	17:04	56	30:03	137.90	19:40:43	8:33	11	5:48:19	107	8:35:09
VP24 - Oranienbu	4.75	52:12	10:59	13	18:58	113	26:20	142.65	20:32:55	8:38	11	6:02:56	108	9:00:55
VP25 - Lübars	5.69	55:11	9:41	10	15:08	78	25:51	148.34	21:28:06	8:41	11	6:12:01	105	9:26:46
VP26 - S-Bahnhö	5.71	59:59	10:30	10	18:48	108	30:18	154.05	22:28:05	8:45	11	6:23:47	105	9:57:04
VP27 - Wollankst	3.09	27:04	8:45	12	9:14	129	14:43	157.14	22:55:09	8:45	13	6:23:50	111	10:10:23
Friedrich-Ludwig	3.76	59:53	15:55	20	30:21	176	39:16	160.90	23:55:02	8:55	13	6:38:29	120	10:48:10