



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Detailed evaluation

**Bethge, Annette**

Club: LC RON-HILL Berlin e.V.

Number: 157

Course: 160.90 km

100MeilenBerlin

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 24:07:17

Speed: 6.63 km/h

Running performance: 8:59 min/km

Rank in course/Total: 133 (of 246)

Rank in course/Women: 11 (of 35)

Best time in course: 18:16:29

Rank in category: 4(of 7)

Best time in the category: 18:59:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Mahnmal P	9.02	1:10:26	7:48	6	18:54	26	18:54	9.02	1:10:26	7:48	6	18:54	26	18:54
VP2 - Schlesi	5.98	46:16	7:44	7	13:17	26	13:17	15.00	1:56:42	7:46	7	32:11	27	32:11
VP3 - Sonnenalle	6.00	44:53	7:28	6	11:24	23	11:24	21.00	2:41:35	7:41	6	43:35	25	43:35
VP4 - Stubenrau	5.73	45:19	7:54	7	13:57	26	13:57	26.73	3:26:54	7:44	7	57:32	25	57:32
VP5 - U-Bahnhof	4.30	36:57	8:35	6	10:22	23	10:22	31.03	4:03:51	7:51	7	1:07:54	26	1:07:54
VP6 - Buckower I	5.40	42:41	7:54	5	10:07	18	10:07	36.43	4:46:32	7:51	7	1:18:01	25	1:18:01
VP7 - Kirchhainer	5.54	45:49	8:16	7	12:53	20	12:53	41.97	5:32:21	7:55	7	1:30:54	23	1:30:54
VP8 - Lichtenrad	4.42	41:14	9:19	7	14:59	25	14:59	46.39	6:13:35	8:03	7	1:45:53	24	1:45:53
VP9 - Osdorfer St	5.77	55:57	9:41	7	21:03	26	21:03	52.16	7:09:32	8:14	7	2:06:56	25	2:06:56
VP10 - Sportplatz	6.41	1:03:12	9:51	7	19:23	23	23:08	58.57	8:12:44	8:24	7	2:26:19	25	2:26:19
VP11 - Königsw	6.18	52:42	8:31	6	14:04	19	14:04	64.75	9:05:26	8:25	7	2:40:23	24	2:40:23
VP12 - Gedenkst	6.18	1:06:56	10:49	6	20:38	23	23:27	70.93	10:12:22	8:38	7	3:01:01	24	3:01:01
VP13 - Brauhaus	6.84	1:01:49	9:02	5	13:31	15	19:02	77.77	11:14:11	8:40	7	3:14:32	24	3:14:32
VP14 - Revierförs	6.06	1:00:22	9:57	7	19:56	24	19:56	83.83	12:14:33	8:45	7	3:34:28	24	3:34:28
VP15 - Schloß Sa	6.20	1:19:33	12:49	7	30:05	21	32:59	90.03	13:34:06	9:02	7	4:04:33	23	4:04:33
VP16 - Pagel & Fi	7.63	1:15:30	9:53	7	19:25	21	26:10	97.66	14:49:36	9:06	7	4:23:58	23	4:30:13
VP17 - Wilhelmst	4.84	47:43	9:51	7	7:37	20	14:44	102.50	15:37:19	9:08	7	4:31:35	23	4:44:57
VP18 - Falkensee	6.58	1:06:33	10:06	7	15:53	21	21:51	109.08	16:43:52	9:12	7	4:47:28	23	5:06:48
VP19 - Schönwal	5.70	1:01:21	10:45	7	16:57	21	19:19	114.78	17:45:13	9:16	7	5:04:25	23	5:26:07
VP20 - Grenzturn	7.53	1:09:24	9:12	3	8:40	8	20:57	122.31	18:54:37	9:16	7	5:13:05	23	5:40:36
VP21 - Ruderclub	4.78	48:13	10:05	3	5:15	7	7:57	127.09	19:42:50	9:18	7	5:18:20	21	5:48:33
VP22 - Frohnau (	4.03	36:09	8:58	2	3:43	4	6:00	131.12	20:18:59	9:17	7	5:22:03	22	5:54:33
VP23 - Naturschu	6.78	55:38	8:12	1	-	2	3:16	137.90	21:14:37	9:14	7	5:19:06	20	5:57:49
VP24 - Oranienbu	4.75	39:59	8:25	1	-	2	1:27	142.65	21:54:36	9:12	6	5:18:50	16	5:59:16
VP25 - Lübars	5.69	45:27	7:59	1	-	1	-	148.34	22:40:03	9:10	5	5:18:05	14	5:58:21
VP26 - S-Bahnh	5.71	44:09	7:43	1	-	1	-	154.05	23:24:12	9:06	5	5:15:18	12	5:57:30
VP27 - Wollankst	3.09	16:59	5:29	1	-	1	-	157.14	23:41:11	9:02	5	5:12:10	12	5:55:48
Friedrich-Ludwig	3.76	26:06	6:56	1	-	1	-	160.90	24:07:17	8:59	4	5:07:58	11	5:50:48