



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Mecking, Bettina

Club: Tucan Athletic Club

Number: 246

Course: 160.90 km

100MeilenBerlin

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 25:22:55

Speed: 6.30 km/h

Running performance: 9:28 min/km

Rank in course/Total: 154 (of 246)

Rank in course/Women: 17 (of 35)

Best time in course: 18:16:29

Rank in category: 6(of 7)

Best time in the category: 18:59:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Mahnmal P	9.02	1:01:49	6:51	4	10:17	11	10:17	9.02	1:01:49	6:51	4	10:17	11	10:17
VP2 - Schlesische	5.98	41:07	6:52	4	8:08	15	8:08	15.00	1:42:56	6:51	4	18:25	13	18:25
VP3 - Sonnenalle	6.00	39:49	6:38	3	6:20	13	6:20	21.00	2:22:45	6:47	4	24:45	13	24:45
VP4 - Stubenrauc	5.73	39:04	6:49	4	7:42	13	7:42	26.73	3:01:49	6:48	4	32:27	13	32:27
VP5 - U-Bahnhof	4.30	33:18	7:44	3	6:43	13	6:43	31.03	3:35:07	6:55	4	39:10	13	39:10
VP6 - Buckower I	5.40	39:46	7:21	3	7:12	14	7:12	36.43	4:14:53	6:59	4	46:22	12	46:22
VP7 - Kirchhainer	5.54	40:54	7:22	3	7:58	10	7:58	41.97	4:55:47	7:02	3	54:20	11	54:20
VP8 - Lichtenradi	4.42	34:59	7:54	4	8:44	14	8:44	46.39	5:30:46	7:07	3	1:03:04	12	1:03:04
VP9 - Osdorfer St	5.77	41:29	7:11	2	6:35	8	6:35	52.16	6:12:15	7:08	3	1:09:39	12	1:09:39
VP10 - Sportplatz	6.41	56:44	8:51	3	12:55	11	16:40	58.57	7:08:59	7:19	3	1:22:34	11	1:22:34
VP11 - Königsweg	6.18	49:54	8:04	4	11:16	12	11:16	64.75	7:58:53	7:23	3	1:33:50	12	1:33:50
VP12 - Gedenkst	6.18	58:18	9:26	4	12:00	15	14:49	70.93	8:57:11	7:34	2	1:45:50	11	1:45:50
VP13 - Brauhaus	6.84	1:00:20	8:49	4	12:02	12	17:33	77.77	9:57:31	7:40	3	1:57:52	12	1:57:52
VP14 - Revierförs	6.06	52:41	8:41	6	12:15	17	12:15	83.83	10:50:12	7:45	3	2:10:07	12	2:10:07
VP15 - Schloß Sa	6.20	1:06:48	10:46	3	17:20	11	20:14	90.03	11:57:00	7:57	3	2:27:27	12	2:27:27
VP16 - Pagel & Fi	7.63	1:05:53	8:38	4	9:48	10	16:33	97.66	13:02:53	8:00	3	2:37:15	12	2:43:30
VP17 - Wilhelmst	4.84	42:29	8:46	3	2:23	10	9:30	102.50	13:45:22	8:03	3	2:39:38	11	2:53:00
VP18 - Falkensee	6.58	1:02:14	9:27	5	11:34	16	17:32	109.08	14:47:36	8:08	3	2:51:12	11	3:10:32
VP19 - Schönwal	5.70	58:17	10:13	5	13:53	18	16:15	114.78	15:45:53	8:14	3	3:05:05	10	3:26:47
VP20 - Grenzturn	7.53	1:27:01	11:33	7	26:17	22	38:34	122.31	17:12:54	8:26	4	3:31:22	10	3:58:53
VP21 - Ruderclub	4.78	53:27	11:10	4	10:29	11	13:11	127.09	18:06:21	8:32	3	3:41:51	9	4:12:04
VP22 - Frohnau (4.03	47:04	11:40	5	14:38	19	16:55	131.12	18:53:25	8:38	3	3:56:29	9	4:28:59
VP23 - Naturschu	6.78	1:20:06	11:48	6	24:28	21	27:44	137.90	20:13:31	8:47	5	4:18:00	12	4:56:43
VP24 - Oranienbu	4.75	1:08:48	14:29	7	28:49	26	30:16	142.65	21:22:19	8:59	5	4:46:33	13	5:26:59
VP25 - Lübars	5.69	1:20:58	14:13	6	35:31	28	35:31	148.34	22:43:17	9:11	6	5:21:19	16	6:01:35
VP26 - S-Bahnhö	5.71	1:21:07	14:12	7	36:58	26	36:58	154.05	24:04:24	9:22	6	5:55:30	16	6:37:42
VP27 - Wollankst	3.09	29:11	9:26	7	12:12	24	12:12	157.14	24:33:35	9:22	6	6:04:34	16	6:48:12
Friedrich-Ludwig	3.76	49:20	13:07	6	23:14	23	23:14	160.90	25:22:55	9:27	6	6:23:36	17	7:06:26