



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Reiff, Harald

Club: LG Mauerweg Berlin e.V.

Number: 14

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 24:57:09

Speed: 6.41 km/h

Running performance: 9:18 min/km

Rank in course/Total: 144 (of 246)

Rank in course/Men: 130 (of 211)

Best time in course: 13:06:52

Rank in category: 30(of 46)

Best time in the category: 16:59:41

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Mahnmahl P | 9.02 | 1:06:34 | 7:22 | 31 | 25:31 | 150 | 25:38 | 9.02 | 1:06:34 | 7:22 | 31 | 25:31 | 150 | 25:38 |
| VP2 - Schlesische | 5.98 | 41:22 | 6:55 | 31 | 15:14 | 150 | 15:16 | 15.00 | 1:47:56 | 7:11 | 31 | 40:45 | 154 | 40:54 |
| VP3 - Sonnenalle | 6.00 | 43:06 | 7:11 | 34 | 14:45 | 168 | 17:28 | 21.00 | 2:31:02 | 7:11 | 33 | 55:30 | 155 | 58:22 |
| VP4 - Stubenrauc | 5.73 | 39:16 | 6:51 | 28 | 10:54 | 136 | 14:01 | 26.73 | 3:10:18 | 7:07 | 31 | 1:06:24 | 152 | 1:12:23 |
| VP5 - U-Bahnhof | 4.30 | 31:13 | 7:15 | 15 | 8:07 | 85 | 10:06 | 31.03 | 3:41:31 | 7:08 | 28 | 1:14:31 | 143 | 1:21:23 |
| VP6 - Buckower I | 5.40 | 36:50 | 6:49 | 18 | 7:18 | 80 | 11:27 | 36.43 | 4:18:21 | 7:05 | 26 | 1:21:49 | 130 | 1:32:49 |
| VP7 - Kirchhainer | 5.54 | 45:45 | 8:15 | 37 | 15:13 | 164 | 19:34 | 41.97 | 5:04:06 | 7:14 | 27 | 1:35:12 | 139 | 1:51:46 |
| VP8 - Lichtenradi | 4.42 | 32:29 | 7:20 | 25 | 8:34 | 114 | 12:16 | 46.39 | 5:36:35 | 7:15 | 28 | 1:40:23 | 135 | 2:04:02 |
| VP9 - Osdorfer St | 5.77 | 45:50 | 7:56 | 33 | 14:51 | 141 | 19:38 | 52.16 | 6:22:25 | 7:19 | 28 | 1:49:56 | 133 | 2:23:02 |
| VP10 - Sportplatz | 6.41 | 1:02:05 | 9:41 | 33 | 27:15 | 154 | 33:17 | 58.57 | 7:24:30 | 7:35 | 27 | 2:10:27 | 133 | 2:54:45 |
| VP11 - Königsw | 6.18 | 50:25 | 8:09 | 28 | 14:17 | 121 | 21:32 | 64.75 | 8:14:55 | 7:38 | 27 | 2:16:53 | 132 | 3:15:26 |
| VP12 - Gedenkst | 6.18 | 57:28 | 9:17 | 31 | 19:53 | 131 | 26:01 | 70.93 | 9:12:23 | 7:47 | 27 | 2:33:53 | 130 | 3:40:46 |
| VP13 - Brauhaus | 6.84 | 1:12:18 | 10:34 | 38 | 30:38 | 170 | 48:41 | 77.77 | 10:24:41 | 8:01 | 28 | 3:01:54 | 140 | 4:20:41 |
| VP14 - Revierförs | 6.06 | 48:34 | 8:00 | 12 | 11:13 | 70 | 19:10 | 83.83 | 11:13:15 | 8:01 | 26 | 3:13:07 | 135 | 4:39:51 |
| VP15 - Schloß Sa | 6.20 | 1:20:21 | 12:57 | 39 | 41:36 | 166 | 50:34 | 90.03 | 12:33:36 | 8:22 | 32 | 3:54:43 | 144 | 5:30:25 |
| VP16 - Pagel & Fi | 7.63 | 1:07:09 | 8:48 | 19 | 20:15 | 101 | 30:45 | 97.66 | 13:40:45 | 8:24 | 30 | 4:14:21 | 139 | 6:00:43 |
| VP17 - Wilhelmst | 4.84 | 44:10 | 9:07 | 27 | 13:05 | 115 | 19:03 | 102.50 | 14:24:55 | 8:26 | 31 | 4:27:26 | 139 | 6:19:46 |
| VP18 - Falkensee | 6.58 | 57:11 | 8:41 | 19 | 17:17 | 91 | 23:43 | 109.08 | 15:22:06 | 8:27 | 30 | 4:44:43 | 133 | 6:42:46 |
| VP19 - Schönwal | 5.70 | 55:12 | 9:41 | 22 | 18:26 | 99 | 26:23 | 114.78 | 16:17:18 | 8:30 | 30 | 5:03:09 | 130 | 7:09:09 |
| VP20 - Grenzturn | 7.53 | 1:21:33 | 10:49 | 27 | 32:17 | 134 | 46:57 | 122.31 | 17:38:51 | 8:39 | 30 | 5:35:26 | 132 | 7:51:56 |
| VP21 - Ruderclub | 4.78 | 1:03:21 | 13:15 | 35 | 25:25 | 147 | 40:00 | 127.09 | 18:42:12 | 8:49 | 30 | 6:00:36 | 132 | 8:31:56 |
| VP22 - Frohnau (| 4.03 | 47:58 | 11:54 | 31 | 19:37 | 143 | 26:26 | 131.12 | 19:30:10 | 8:55 | 31 | 6:15:28 | 136 | 8:58:22 |
| VP23 - Naturschu | 6.78 | 1:11:36 | 10:33 | 23 | 20:37 | 105 | 37:50 | 137.90 | 20:41:46 | 9:00 | 31 | 6:36:05 | 132 | 9:36:12 |
| VP24 - Oranienbu | 4.75 | 51:19 | 10:48 | 26 | 14:30 | 106 | 25:27 | 142.65 | 21:33:05 | 9:03 | 31 | 6:43:39 | 132 | 10:01:05 |
| VP25 - Lübars | 5.69 | 1:05:11 | 11:27 | 29 | 22:55 | 137 | 35:51 | 148.34 | 22:38:16 | 9:09 | 31 | 7:04:03 | 129 | 10:36:56 |
| VP26 - S-Bahnhö | 5.71 | 1:10:23 | 12:19 | 33 | 32:56 | 156 | 40:42 | 154.05 | 23:48:39 | 9:16 | 31 | 7:34:56 | 131 | 11:17:38 |
| VP27 - Wollankst | 3.09 | 27:08 | 8:46 | 29 | 12:09 | 130 | 14:47 | 157.14 | 24:15:47 | 9:15 | 30 | 7:44:29 | 131 | 11:31:01 |
| Friedrich-Ludwig | 3.76 | 41:22 | 11:00 | 25 | 16:02 | 108 | 20:45 | 160.90 | 24:57:09 | 9:18 | 30 | 7:57:28 | 130 | 11:50:17 |