



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Blisse, Nina

Club: LG Mauerweg Berlin e.V.

Number: 13

Course: 160.90 km

100MeilenBerlin

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 24:57:08

Speed: 6.41 km/h

Running performance: 9:18 min/km

Rank in course/Total: 143 (of 246)

Rank in course/Women: 14 (of 35)

Best time in course: 18:16:29

Rank in category: 2(of 2)

Best time in the category: 22:55:33

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Mahnmahl P	9.02	1:06:35	7:22	2	8:26	16	15:03	9.02	1:06:35	7:22	2	8:26	16	15:03
VP2 - Schlesiische	5.98	41:48	6:59	2	6:44	18	8:49	15.00	1:48:23	7:13	2	15:10	18	23:52
VP3 - Sonnenalle	6.00	42:38	7:06	2	7:16	19	9:09	21.00	2:31:01	7:11	2	22:26	19	33:01
VP4 - Stubenrauc	5.73	39:18	6:51	2	4:07	14	7:56	26.73	3:10:19	7:07	2	26:33	15	40:57
VP5 - U-Bahnhof	4.30	31:23	7:17	2	1:24	10	4:48	31.03	3:41:42	7:08	2	27:57	15	45:45
VP6 - Buckower I	5.40	36:38	6:47	2	1:43	9	4:04	36.43	4:18:20	7:05	2	29:40	15	49:49
VP7 - Kirchhainer	5.54	46:16	8:21	2	7:46	22	13:20	41.97	5:04:36	7:15	2	37:26	14	1:03:09
VP8 - Lichtenradi	4.42	31:57	7:13	2	1:23	10	5:42	46.39	5:36:33	7:15	2	38:49	14	1:08:51
VP9 - Osdorfer St	5.77	46:07	7:59	2	6:49	15	11:13	52.16	6:22:40	7:20	2	45:38	14	1:20:04
VP10 - Sportplatz	6.41	1:01:49	9:38	2	10:59	21	21:45	58.57	7:24:29	7:35	2	56:37	14	1:38:04
VP11 - Königswe	6.18	50:22	8:08	2	4:32	13	11:44	64.75	8:14:51	7:38	2	1:01:09	14	1:49:48
VP12 - Gedenkst	6.18	57:31	9:18	2	5:04	14	14:02	70.93	9:12:22	7:47	2	1:06:13	14	2:01:01
VP13 - Brauhaus	6.84	1:12:18	10:34	2	13:36	21	29:31	77.77	10:24:40	8:01	2	1:19:49	14	2:25:01
VP14 - Revierförs	6.06	48:44	8:02	1	-	8	8:18	83.83	11:13:24	8:01	2	1:17:53	15	2:33:19
VP15 - Schloß Sa	6.20	1:20:11	12:55	1	-	24	33:37	90.03	12:33:35	8:22	2	1:04:21	16	3:04:02
VP16 - Pagel & Fi	7.63	1:07:14	8:48	2	6:36	13	17:54	97.66	13:40:49	8:24	2	1:10:57	17	3:21:26
VP17 - Wilhelmst	4.84	44:16	9:08	2	2:50	13	11:17	102.50	14:25:05	8:26	2	1:13:47	17	3:32:43
VP18 - Falkensee	6.58	57:00	8:39	2	1:15	9	12:18	109.08	15:22:05	8:27	2	1:15:02	16	3:45:01
VP19 - Schönwal	5.70	55:16	9:41	1	-	13	13:14	114.78	16:17:21	8:30	2	1:13:11	14	3:58:15
VP20 - Grenzturn	7.53	1:21:31	10:49	2	10:21	19	33:04	122.31	17:38:52	8:39	2	1:23:32	16	4:24:51
VP21 - Ruderclub	4.78	1:03:22	13:15	2	20:49	21	23:06	127.09	18:42:14	8:49	2	1:44:21	17	4:47:57
VP22 - Frohnau (4.03	47:58	11:54	2	10:55	21	17:49	131.12	19:30:12	8:55	2	1:55:16	16	5:05:46
VP23 - Naturschu	6.78	1:11:36	10:33	1	-	14	19:14	137.90	20:41:48	9:00	2	1:52:45	14	5:25:00
VP24 - Oranienbu	4.75	51:19	10:48	1	-	11	12:47	142.65	21:33:07	9:03	2	1:50:03	14	5:37:47
VP25 - Lübars	5.69	1:04:18	11:18	2	3:22	20	18:51	148.34	22:37:25	9:09	2	1:53:25	13	5:55:43
VP26 - S-Bahnhö	5.71	1:11:13	12:28	2	6:09	23	27:04	154.05	23:48:38	9:16	2	1:59:34	15	6:21:56
VP27 - Wollankst	3.09	27:03	8:45	2	0:07	21	10:04	157.14	24:15:41	9:15	2	1:59:41	15	6:30:18
Friedrich-Ludwig	3.76	41:27	11:01	2	1:54	16	15:21	160.90	24:57:08	9:18	2	2:01:35	14	6:40:39