



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Mintgen, Christoph

Club: LG Laacher See

Number: 111

Course: 160.90 km

100MeilenBerlin

Category:

Männer (20-29 Jahre)

Total time: 25:15:01

Speed: 6.34 km/h

Running performance: 9:25 min/km

Rank in course/Total: 152 (of 246)

Rank in course/Men: 135 (of 211)

Best time in course: 13:06:52

Rank in category: 6(of 7)

Best time in the category: 19:17:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmahl P	9.02	1:09:30	7:42	7	18:03	171	28:34	9.02	1:09:30	7:42	7	18:03	171	28:34
VP2 - Schlesiische	5.98	42:55	7:10	7	11:19	165	16:49	15.00	1:52:25	7:29	7	29:22	168	45:23
VP3 - Sonnenalle	6.00	41:36	6:56	5	9:34	144	15:58	21.00	2:34:01	7:20	6	38:56	164	1:01:21
VP4 - Stubenrauc	5.73	41:07	7:10	7	11:09	161	15:52	26.73	3:15:08	7:18	6	50:05	164	1:17:13
VP5 - U-Bahnhof	4.30	34:08	7:56	5	9:16	138	13:01	31.03	3:49:16	7:23	7	59:21	164	1:29:08
VP6 - Buckower I	5.40	39:28	7:18	4	9:30	115	14:05	36.43	4:28:44	7:22	6	1:08:51	156	1:43:12
VP7 - Kirchhainer	5.54	41:38	7:30	5	9:50	120	15:27	41.97	5:10:22	7:23	5	1:18:41	152	1:58:02
VP8 - Lichtenradi	4.42	32:32	7:21	6	7:45	116	12:19	46.39	5:42:54	7:23	5	1:26:26	143	2:10:21
VP9 - Osdorfer St	5.77	44:07	7:38	6	11:18	119	17:55	52.16	6:27:01	7:25	6	1:37:44	141	2:27:38
VP10 - Sportplatz	6.41	53:01	8:16	4	15:32	96	24:13	58.57	7:20:02	7:30	6	1:53:16	129	2:50:17
VP11 - Königsw	6.18	49:19	7:58	4	8:20	111	20:26	64.75	8:09:21	7:33	5	1:45:36	125	3:09:52
VP12 - Gedenkst	6.18	53:42	8:41	6	7:50	94	22:15	70.93	9:03:03	7:39	5	1:53:26	123	3:31:26
VP13 - Brauhaus	6.84	57:18	8:22	4	11:33	108	33:41	77.77	10:00:21	7:43	5	2:01:35	125	3:56:21
VP14 - Revierförs	6.06	46:40	7:42	3	2:38	50	17:16	83.83	10:47:01	7:43	5	1:52:07	118	4:13:37
VP15 - Schloß Sa	6.20	1:14:00	11:56	6	19:26	145	44:13	90.03	12:01:01	8:00	6	2:04:33	123	4:57:50
VP16 - Pagel & Fi	7.63	1:09:25	9:05	5	12:19	116	33:01	97.66	13:10:26	8:05	6	2:16:52	125	5:30:24
VP17 - Wilhelmst	4.84	45:07	9:19	4	7:32	124	20:00	102.50	13:55:33	8:09	6	2:24:05	124	5:50:24
VP18 - Falkensee	6.58	59:54	9:06	7	10:02	103	26:26	109.08	14:55:27	8:12	6	2:34:07	123	6:16:07
VP19 - Schönwal	5.70	56:20	9:52	6	14:49	107	27:31	114.78	15:51:47	8:17	6	2:48:56	121	6:43:38
VP20 - Grenzturn	7.53	1:27:24	11:36	7	31:07	148	52:48	122.31	17:19:11	8:29	6	3:20:03	124	7:32:16
VP21 - Ruderclub	4.78	1:04:38	13:31	7	19:58	149	41:17	127.09	18:23:49	8:41	6	3:36:44	127	8:13:33
VP22 - Frohnau (4.03	46:34	11:33	7	14:51	136	25:02	131.12	19:10:23	8:46	6	3:51:35	127	8:38:35
VP23 - Naturschu	6.78	1:27:49	12:57	6	38:56	160	54:03	137.90	20:38:12	8:58	6	4:30:31	130	9:32:38
VP24 - Oranienbu	4.75	53:35	11:16	5	13:16	119	27:43	142.65	21:31:47	9:03	6	4:43:47	131	9:59:47
VP25 - Lübars	5.69	1:18:56	13:52	7	26:50	174	49:36	148.34	22:50:43	9:14	6	5:04:09	136	10:49:23
VP26 - S-Bahnh	5.71	1:05:53	11:32	7	22:36	136	36:12	154.05	23:56:36	9:19	6	5:26:45	135	11:25:35
VP27 - Wollankst	3.09	30:52	9:59	7	15:11	173	18:31	157.14	24:27:28	9:20	6	5:41:56	135	11:42:42
Friedrich-Ludwig	3.76	47:33	12:38	6	16:46	150	26:56	160.90	25:15:01	9:24	6	5:57:31	135	12:08:09