



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Schramm, Kati

Club: KATIS PACE TEAM

Number: 187

Course: 160.90 km

100MeilenBerlin

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 25:57:29

Speed: 6.16 km/h

Running performance: 9:41 min/km

Rank in course/Total: 163 (of 246)

Rank in course/Women: 18 (of 35)

Best time in course: 18:16:29

Rank in category: 7(of 7)

Best time in the category: 18:59:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Mahnmal P	9.02	1:00:03	6:39	2	8:31	9	8:31	9.02	1:00:03	6:39	2	8:31	9	8:31
VP2 - Schlesische	5.98	39:19	6:34	3	6:20	11	6:20	15.00	1:39:22	6:37	3	14:51	10	14:51
VP3 - Sonnenalle	6.00	39:56	6:39	4	6:27	14	6:27	21.00	2:19:18	6:38	3	21:18	11	21:18
VP4 - Stubenrauc	5.73	37:13	6:29	3	5:51	11	5:51	26.73	2:56:31	6:36	3	27:09	11	27:09
VP5 - U-Bahnhof	4.30	38:15	8:53	7	11:40	25	11:40	31.03	3:34:46	6:55	3	38:49	12	38:49
VP6 - Buckower I	5.40	39:50	7:22	4	7:16	15	7:16	36.43	4:14:36	6:59	3	46:05	11	46:05
VP7 - Kirchhainer	5.54	42:34	7:41	4	9:38	13	9:38	41.97	4:57:10	7:04	4	55:43	13	55:43
VP8 - Lichtenrad	4.42	36:20	8:13	5	10:05	18	10:05	46.39	5:33:30	7:11	4	1:05:48	13	1:05:48
VP9 - Osdorfer St	5.77	44:40	7:44	3	9:46	12	9:46	52.16	6:18:10	7:15	4	1:15:34	13	1:15:34
VP10 - Sportplatz	6.41	57:40	8:59	4	13:51	13	17:36	58.57	7:15:50	7:26	4	1:29:25	13	1:29:25
VP11 - Königsw	6.18	47:38	7:42	2	9:00	9	9:00	64.75	8:03:28	7:27	4	1:38:25	13	1:38:25
VP12 - Gedenkst	6.18	1:02:25	10:05	5	16:07	20	18:56	70.93	9:05:53	7:41	4	1:54:32	13	1:54:32
VP13 - Brauhaus	6.84	1:15:29	11:02	7	27:11	26	32:42	77.77	10:21:22	7:59	4	2:21:43	13	2:21:43
VP14 - Revierförs	6.06	50:11	8:16	5	9:45	12	9:45	83.83	11:11:33	8:00	4	2:31:28	13	2:31:28
VP15 - Schloß Sa	6.20	1:16:18	12:18	6	26:50	19	29:44	90.03	12:27:51	8:18	5	2:58:18	15	2:58:18
VP16 - Pagel & Fi	7.63	1:08:05	8:55	6	12:00	15	18:45	97.66	13:35:56	8:21	5	3:10:18	15	3:16:33
VP17 - Wilhelmst	4.84	46:27	9:35	6	6:21	18	13:28	102.50	14:22:23	8:24	5	3:16:39	15	3:30:01
VP18 - Falkensee	6.58	59:24	9:01	4	8:44	14	14:42	109.08	15:21:47	8:27	5	3:25:23	15	3:44:43
VP19 - Schönwal	5.70	59:38	10:27	6	15:14	20	17:36	114.78	16:21:25	8:33	5	3:40:37	15	4:02:19
VP20 - Grenzturn	7.53	1:22:54	11:00	6	22:10	20	34:27	122.31	17:44:19	8:42	6	4:02:47	17	4:30:18
VP21 - Ruderclub	4.78	46:31	9:43	2	3:33	4	6:15	127.09	18:30:50	8:44	6	4:06:20	15	4:36:33
VP22 - Frohnau (4.03	1:09:14	17:10	7	36:48	29	39:05	131.12	19:40:04	8:59	6	4:43:08	18	5:15:38
VP23 - Naturschu	6.78	1:24:28	12:27	7	28:50	24	32:06	137.90	21:04:32	9:10	6	5:09:01	18	5:47:44
VP24 - Oranienbu	4.75	1:06:51	14:04	6	26:52	25	28:19	142.65	22:11:23	9:19	7	5:35:37	19	6:16:03
VP25 - Lübars	5.69	1:21:33	14:19	7	36:06	29	36:06	148.34	23:32:56	9:31	7	6:10:58	19	6:51:14
VP26 - S-Bahnh	5.71	1:09:28	12:09	6	25:19	22	25:19	154.05	24:42:24	9:37	7	6:33:30	19	7:15:42
VP27 - Wollankst	3.09	17:29	5:39	2	0:30	2	0:30	157.14	24:59:53	9:32	7	6:30:52	18	7:14:30
Friedrich-Ludwig	3.76	57:36	15:19	7	31:30	26	31:30	160.90	25:57:29	9:40	7	6:58:10	18	7:41:00