



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Dombek, Magdalena

Club: Mühlhausen

Number: 215

Course: 160.90 km

100MeilenBerlin

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 26:32:50

Speed: 6.03 km/h

Running performance: 9:54 min/km

Rank in course/Total: 172 (of 246)

Rank in course/Women: 21 (of 35)

Best time in course: 18:16:29

Rank in category: 6(of 10)

Best time in the category: 18:16:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Mahnmahl P	9.02	1:02:34	6:56	6	6:52	13	11:02	9.02	1:02:34	6:56	6	6:52	13	11:02
VP2 - Schlesiische	5.98	38:02	6:21	6	3:59	10	5:03	15.00	1:40:36	6:42	6	9:39	11	16:05
VP3 - Sonnenalle	6.00	39:23	6:33	6	4:24	12	5:54	21.00	2:19:59	6:39	6	12:58	12	21:59
VP4 - Stubenrauc	5.73	40:22	7:02	7	7:39	17	9:00	26.73	3:00:21	6:44	6	20:37	12	30:59
VP5 - U-Bahnhof	4.30	34:19	7:58	7	6:30	14	7:44	31.03	3:34:40	6:55	6	27:07	11	38:43
VP6 - Buckower I	5.40	43:35	8:04	7	8:54	22	11:01	36.43	4:18:15	7:05	7	36:01	14	49:44
VP7 - Kirchhainer	5.54	48:22	8:43	7	15:20	24	15:26	41.97	5:06:37	7:18	7	51:21	15	1:05:10
VP8 - Lichtenradi	4.42	37:03	8:22	7	10:40	19	10:48	46.39	5:43:40	7:24	7	1:02:01	15	1:15:58
VP9 - Osdorfer St	5.77	50:55	8:49	7	15:48	21	16:01	52.16	6:34:35	7:33	7	1:17:49	15	1:31:59
VP10 - Sportplatz	6.41	1:14:26	11:36	9	34:22	29	34:22	58.57	7:49:01	8:00	7	1:52:11	20	2:02:36
VP11 - Königsw	6.18	54:47	8:51	7	14:58	21	16:09	64.75	8:43:48	8:05	7	2:07:09	20	2:18:45
VP12 - Gedenkst	6.18	55:08	8:55	7	11:39	11	11:39	70.93	9:38:56	8:09	7	2:18:48	18	2:27:35
VP13 - Brauhaus	6.84	1:12:59	10:40	8	30:12	24	30:12	77.77	10:51:55	8:22	7	2:49:00	20	2:52:16
VP14 - Revierförs	6.06	50:46	8:22	6	10:12	15	10:20	83.83	11:42:41	8:22	7	2:59:12	20	3:02:36
VP15 - Schloß Sa	6.20	1:01:57	9:59	4	15:23	8	15:23	90.03	12:44:38	8:29	7	3:14:35	18	3:15:05
VP16 - Pagel & Fi	7.63	1:07:43	8:52	7	18:23	14	18:23	97.66	13:52:21	8:31	7	3:32:58	18	3:32:58
VP17 - Wilhelmst	4.84	45:29	9:23	7	12:30	15	12:30	102.50	14:37:50	8:33	7	3:45:28	18	3:45:28
VP18 - Falkensee	6.58	1:08:19	10:22	7	23:37	23	23:37	109.08	15:46:09	8:40	7	4:09:05	18	4:09:05
VP19 - Schönwal	5.70	1:02:42	11:00	8	20:40	24	20:40	114.78	16:48:51	8:47	7	4:29:45	19	4:29:45
VP20 - Grenzturn	7.53	1:20:57	10:45	6	26:02	18	32:30	122.31	18:09:48	8:54	7	4:55:47	20	4:55:47
VP21 - Ruderclub	4.78	53:34	11:12	4	13:18	12	13:18	127.09	19:03:22	8:59	7	5:09:05	20	5:09:05
VP22 - Frohnau (4.03	1:02:52	15:35	7	32:43	26	32:43	131.12	20:06:14	9:11	7	5:41:48	20	5:41:48
VP23 - Naturschu	6.78	1:21:19	11:59	7	28:57	22	28:57	137.90	21:27:33	9:20	7	6:10:45	22	6:10:45
VP24 - Oranienbu	4.75	1:01:57	13:02	7	23:25	23	23:25	142.65	22:29:30	9:27	7	6:34:10	22	6:34:10
VP25 - Lübars	5.69	1:10:18	12:21	7	23:56	23	24:51	148.34	23:39:48	9:34	6	6:58:06	20	6:58:06
VP26 - S-Bahnho	5.71	1:22:07	14:22	7	37:07	27	37:58	154.05	25:01:55	9:44	6	7:35:13	21	7:35:13
VP27 - Wollankst	3.09	33:09	10:43	7	14:28	26	16:10	157.14	25:35:04	9:46	6	7:49:41	21	7:49:41
Friedrich-Ludwig	3.76	57:46	15:21	8	26:40	27	31:40	160.90	26:32:50	9:53	6	8:16:21	21	8:16:21