



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Rolfes, Maria

Club: LT Waldschleicher /100MC/TEA
Number: 159

Course: 160.90 km
100MeilenBerlin

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 26:46:00

Speed: 5.98 km/h
Running performance: 9:59 min/km

Rank in course/Total: 175 (of 246)

Rank in course/Women: 22 (of 35)

Best time in course: 18:16:29

Rank in category: 2(of 2)

Best time in the category: 26:01:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Mahnmal P	9.02	1:16:12	8:26	2	6:11	31	24:40	9.02	1:16:12	8:26	2	6:11	31	24:40
VP2 - Schlesische	5.98	47:03	7:52	2	1:45	28	14:04	15.00	2:03:15	8:13	2	7:56	31	38:44
VP3 - Sonnenalle	6.00	45:46	7:37	2	0:53	26	12:17	21.00	2:49:01	8:02	2	8:49	29	51:01
VP4 - Stubenrauc	5.73	45:39	7:58	2	3:18	28	14:17	26.73	3:34:40	8:01	2	12:07	30	1:05:18
VP5 - U-Bahnhof	4.30	36:55	8:35	2	0:51	22	10:20	31.03	4:11:35	8:06	2	12:58	29	1:15:38
VP6 - Buckower I	5.40	44:16	8:11	2	2:07	23	11:42	36.43	4:55:51	8:07	2	15:05	27	1:27:20
VP7 - Kirchhainer	5.54	44:39	8:03	1	-	15	11:43	41.97	5:40:30	8:06	2	14:20	27	1:39:03
VP8 - Lichtenrad	4.42	35:58	8:08	1	-	15	9:43	46.39	6:16:28	8:06	2	14:15	25	1:48:46
VP9 - Osdorfer St	5.77	44:56	7:47	1	-	13	10:02	52.16	7:01:24	8:04	2	12:04	22	1:58:48
VP10 - Sportplatz	6.41	51:48	8:04	1	-	8	11:44	58.57	7:53:12	8:04	2	4:58	21	2:06:47
VP11 - Königsw	6.18	1:03:51	10:19	2	12:03	26	25:13	64.75	8:57:03	8:17	2	17:01	22	2:32:00
VP12 - Gedenkst	6.18	59:19	9:35	1	-	16	15:50	70.93	9:56:22	8:24	2	11:30	21	2:45:01
VP13 - Brauhaus	6.84	1:15:40	11:03	2	12:52	27	32:53	77.77	11:12:02	8:38	2	24:22	21	3:12:23
VP14 - Revierförs	6.06	53:12	8:46	2	1:32	18	12:46	83.83	12:05:14	8:39	2	25:54	21	3:25:09
VP15 - Schloß Sa	6.20	1:16:11	12:17	2	9:34	18	29:37	90.03	13:21:25	8:54	2	35:28	21	3:51:52
VP16 - Pagel & Fi	7.63	1:09:19	9:05	1	-	16	19:59	97.66	14:30:44	8:54	2	32:05	21	4:11:21
VP17 - Wilhelmst	4.84	51:53	10:43	2	5:43	24	18:54	102.50	15:22:37	9:00	2	37:48	21	4:30:15
VP18 - Falkensee	6.58	1:01:07	9:17	1	-	15	16:25	109.08	16:23:44	9:01	2	36:04	21	4:46:40
VP19 - Schönwal	5.70	57:01	10:00	2	3:30	15	14:59	114.78	17:20:45	9:04	2	39:34	21	5:01:39
VP20 - Grenzturn	7.53	1:33:16	12:23	2	13:13	25	44:49	122.31	18:54:01	9:16	2	52:47	22	5:40:00
VP21 - Ruderclub	4.78	59:56	12:32	2	10:11	18	19:40	127.09	19:53:57	9:23	2	1:02:58	23	5:59:40
VP22 - Frohnau (4.03	49:21	12:14	2	5:09	23	19:12	131.12	20:43:18	9:28	2	1:08:07	23	6:18:52
VP23 - Naturschu	6.78	1:30:48	13:23	2	12:03	26	38:26	137.90	22:14:06	9:40	2	1:20:10	23	6:57:18
VP24 - Oranienbu	4.75	58:00	12:12	1	-	20	19:28	142.65	23:12:06	9:45	2	1:08:15	23	7:16:46
VP25 - Lübars	5.69	1:10:21	12:21	1	-	24	24:54	148.34	24:22:27	9:51	2	1:02:49	23	7:40:45
VP26 - S-Bahnh	5.71	1:08:01	11:54	1	-	20	23:52	154.05	25:30:28	9:56	2	59:10	23	8:03:46
VP27 - Wollankst	3.09	27:26	8:52	1	-	22	10:27	157.14	25:57:54	9:54	2	51:59	23	8:12:31
Friedrich-Ludwig	3.76	48:06	12:47	1	-	22	22:00	160.90	26:46:00	9:58	2	44:20	22	8:29:31