



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Dr. Rehers, HaWe

Club: OSC/ 100 Marathon Club/ DUV/TEA

Number: 113

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M65 (65-69 Jahre)

Total time: 26:46:00

Speed: 5.98 km/h

Running performance: 9:59 min/km

Rank in course/Total: 176 (of 246)

Rank in course/Men: 154 (of 211)

Best time in course: 13:06:52

Rank in category: 4(of 4)

Best time in the category: 22:50:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmal P	9.02	1:16:04	8:25	4	14:18	189	35:08	9.02	1:16:04	8:25	4	14:18	189	35:08
VP2 - Schlesische	5.98	47:07	7:52	4	9:11	185	21:01	15.00	2:03:11	8:12	4	23:29	188	56:09
VP3 - Sonnenalle	6.00	45:26	7:34	4	5:35	180	19:48	21.00	2:48:37	8:01	4	29:00	186	1:15:57
VP4 - Stubenrauc	5.73	46:04	8:02	4	9:00	189	20:49	26.73	3:34:41	8:01	4	38:00	187	1:36:46
VP5 - U-Bahnhof	4.30	36:49	8:33	4	4:31	177	15:42	31.03	4:11:30	8:06	4	40:32	188	1:51:22
VP6 - Buckower I	5.40	44:19	8:12	4	6:45	178	18:56	36.43	4:55:49	8:07	4	47:17	185	2:10:17
VP7 - Kirchhainer	5.54	44:24	8:00	4	5:14	149	18:13	41.97	5:40:13	8:06	4	52:31	181	2:27:53
VP8 - Lichtenradi	4.42	36:14	8:11	4	4:47	157	16:01	46.39	6:16:27	8:06	4	57:08	181	2:43:54
VP9 - Osdorfer St	5.77	44:57	7:47	3	2:36	128	18:45	52.16	7:01:24	8:04	4	59:30	180	3:02:01
VP10 - Sportplatz	6.41	51:49	8:05	2	1:48	88	23:01	58.57	7:53:13	8:04	4	1:01:18	177	3:23:28
VP11 - Königsw	6.18	1:03:51	10:19	4	19:10	181	34:58	64.75	8:57:04	8:17	4	1:18:26	176	3:57:35
VP12 - Gedenkst	6.18	59:20	9:36	4	7:03	145	27:53	70.93	9:56:24	8:24	4	1:18:52	174	4:24:47
VP13 - Brauhaus	6.84	1:15:39	11:03	4	22:26	177	52:02	77.77	11:12:03	8:38	4	1:25:47	175	5:08:03
VP14 - Revierförs	6.06	53:10	8:46	3	4:13	115	23:46	83.83	12:05:13	8:39	4	1:27:41	172	5:31:49
VP15 - Schloß Sa	6.20	1:16:12	12:17	4	13:02	158	46:25	90.03	13:21:25	8:54	4	1:31:38	172	6:18:14
VP16 - Pagel & Fi	7.63	1:09:07	9:03	3	4:16	114	32:43	97.66	14:30:32	8:54	4	1:31:38	163	6:50:30
VP17 - Wilhelmst	4.84	52:03	10:45	4	10:31	168	26:56	102.50	15:22:35	9:00	4	1:38:20	164	7:17:26
VP18 - Falkensee	6.58	1:00:35	9:12	2	3:37	107	27:07	109.08	16:23:10	9:00	4	1:37:56	162	7:43:50
VP19 - Schönwal	5.70	56:27	9:54	2	5:51	108	27:38	114.78	17:19:37	9:03	4	1:43:47	159	8:11:28
VP20 - Grenzturn	7.53	1:32:03	12:13	4	21:31	164	57:27	122.31	18:51:40	9:15	4	2:05:18	159	9:04:45
VP21 - Ruderclub	4.78	1:01:52	12:56	4	5:12	135	38:31	127.09	19:53:32	9:23	4	2:10:30	159	9:43:16
VP22 - Frohnau (4.03	49:28	12:16	4	10:41	152	27:56	131.12	20:43:00	9:28	4	2:21:11	159	10:11:12
VP23 - Naturschu	6.78	1:31:23	13:28	4	29:16	169	57:37	137.90	22:14:23	9:40	4	2:50:27	158	11:08:49
VP24 - Oranienbu	4.75	57:41	12:08	4	7:24	145	31:49	142.65	23:12:04	9:45	4	2:57:19	157	11:40:04
VP25 - Lübars	5.69	1:10:24	12:22	3	20:26	159	41:04	148.34	24:22:28	9:51	4	3:17:45	154	12:21:08
VP26 - S-Bahnh	5.71	1:07:49	11:52	4	19:22	145	38:08	154.05	25:30:17	9:56	4	3:33:13	154	12:59:16
VP27 - Wollankst	3.09	27:41	8:57	4	5:59	141	15:20	157.14	25:57:58	9:54	4	3:39:12	154	13:13:12
Friedrich-Ludwig	3.76	48:02	12:46	4	16:00	154	27:25	160.90	26:46:00	9:58	4	3:55:12	155	13:39:08