



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

## Detailed evaluation

Miller, Michael

Club: Team Miller-Udell

Number: 163

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 27:03:24

Speed: 5.91 km/h

Running performance: 10:05 min/km

Rank in course/Total: 180 (of 246)

Rank in course/Men: 156 (of 211)

Best time in course: 13:06:52

Rank in category: 15(of 16)

Best time in the category: 14:04:27

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Mahnmal P    | 9.02     | 1:03:21    | 7:01         | 12          | 21:04       | 133     | 22:25      | 9.02          | 1:03:21    | 7:01         | 12       | 21:04       | 133     | 22:25      |
| VP2 - Schlesische  | 5.98     | 41:43      | 6:58         | 16          | 14:14       | 155     | 15:37      | 15.00         | 1:45:04    | 7:00         | 13       | 35:18       | 137     | 38:02      |
| VP3 - Sonnenalle   | 6.00     | 42:35      | 7:05         | 16          | 14:24       | 158     | 16:57      | 21.00         | 2:27:39    | 7:01         | 15       | 49:42       | 143     | 54:59      |
| VP4 - Stubenrauc   | 5.73     | 40:28      | 7:03         | 15          | 14:25       | 151     | 15:13      | 26.73         | 3:08:07    | 7:02         | 16       | 1:04:07     | 147     | 1:10:12    |
| VP5 - U-Bahnhof    | 4.30     | 35:36      | 8:16         | 15          | 14:29       | 155     | 14:29      | 31.03         | 3:43:43    | 7:12         | 16       | 1:18:36     | 150     | 1:23:35    |
| VP6 - Buckower I   | 5.40     | 40:56      | 7:34         | 15          | 15:33       | 142     | 15:33      | 36.43         | 4:24:39    | 7:15         | 16       | 1:34:09     | 150     | 1:39:07    |
| VP7 - Kirchhainer  | 5.54     | 44:28      | 8:01         | 15          | 17:14       | 150     | 18:17      | 41.97         | 5:09:07    | 7:21         | 16       | 1:51:23     | 149     | 1:56:47    |
| VP8 - Lichtenradi  | 4.42     | 36:09      | 8:10         | 15          | 14:51       | 156     | 15:56      | 46.39         | 5:45:16    | 7:26         | 16       | 2:06:14     | 150     | 2:12:43    |
| VP9 - Osdorfer St  | 5.77     | 44:40      | 7:44         | 12          | 17:24       | 124     | 18:28      | 52.16         | 6:29:56    | 7:28         | 15       | 2:23:38     | 144     | 2:30:33    |
| VP10 - Sportplatz  | 6.41     | 54:23      | 8:29         | 12          | 24:25       | 100     | 25:35      | 58.57         | 7:24:19    | 7:35         | 14       | 2:48:03     | 132     | 2:54:34    |
| VP11 - Königswel   | 6.18     | 1:00:21    | 9:45         | 15          | 28:24       | 177     | 31:28      | 64.75         | 8:24:40    | 7:47         | 15       | 3:16:27     | 137     | 3:25:11    |
| VP12 - Gedenkst    | 6.18     | 57:22      | 9:16         | 15          | 24:23       | 130     | 25:55      | 70.93         | 9:22:02    | 7:55         | 15       | 3:40:50     | 136     | 3:50:25    |
| VP13 - Brauhaus    | 6.84     | 1:01:02    | 8:55         | 13          | 24:15       | 130     | 37:25      | 77.77         | 10:23:04   | 8:00         | 15       | 4:05:05     | 137     | 4:19:04    |
| VP14 - Revierförs  | 6.06     | 1:00:30    | 9:59         | 16          | 28:46       | 170     | 31:06      | 83.83         | 11:23:34   | 8:09         | 15       | 4:33:51     | 145     | 4:50:10    |
| VP15 - Schloß Sa   | 6.20     | 1:04:50    | 10:27        | 12          | 28:04       | 99      | 35:03      | 90.03         | 12:28:24   | 8:18         | 14       | 5:01:55     | 138     | 5:25:13    |
| VP16 - Pagel & Fi  | 7.63     | 1:18:14    | 10:15        | 14          | 36:48       | 157     | 41:50      | 97.66         | 13:46:38   | 8:27         | 14       | 5:38:43     | 145     | 6:06:36    |
| VP17 - Wilhelmst   | 4.84     | 53:30      | 11:03        | 15          | 25:57       | 172     | 28:23      | 102.50        | 14:40:08   | 8:35         | 14       | 6:04:40     | 149     | 6:34:59    |
| VP18 - Falkensee   | 6.58     | 1:15:31    | 11:28        | 15          | 38:48       | 169     | 42:03      | 109.08        | 15:55:39   | 8:45         | 14       | 6:43:28     | 153     | 7:16:19    |
| VP19 - Schönwal    | 5.70     | 1:15:23    | 13:13        | 15          | 43:41       | 175     | 46:34      | 114.78        | 17:11:02   | 8:58         | 15       | 7:27:09     | 157     | 8:02:53    |
| VP20 - Grenzturn   | 7.53     | 1:29:02    | 11:49        | 14          | 47:45       | 153     | 54:26      | 122.31        | 18:40:04   | 9:09         | 15       | 8:14:54     | 156     | 8:53:09    |
| VP21 - Ruderclub   | 4.78     | 1:00:17    | 12:36        | 11          | 32:38       | 125     | 36:56      | 127.09        | 19:40:21   | 9:17         | 15       | 8:47:32     | 157     | 9:30:05    |
| VP22 - Frohnau (   | 4.03     | 52:26      | 13:00        | 15          | 30:02       | 165     | 30:54      | 131.12        | 20:32:47   | 9:24         | 15       | 9:17:34     | 158     | 10:00:59   |
| VP23 - Naturschu   | 6.78     | 1:29:35    | 13:12        | 15          | 47:50       | 163     | 55:49      | 137.90        | 22:02:22   | 9:35         | 15       | 10:05:24    | 157     | 10:56:48   |
| VP24 - Oranienbu   | 4.75     | 1:09:19    | 14:35        | 15          | 40:25       | 177     | 43:27      | 142.65        | 23:11:41   | 9:45         | 15       | 10:45:49    | 156     | 11:39:41   |
| VP25 - Lübars      | 5.69     | 1:14:09    | 13:01        | 15          | 41:49       | 171     | 44:49      | 148.34        | 24:25:50   | 9:52         | 15       | 11:27:38    | 155     | 12:24:30   |
| VP26 - S-Bahnhö    | 5.71     | 1:18:39    | 13:46        | 15          | 46:39       | 176     | 48:58      | 154.05        | 25:44:29   | 10:01        | 15       | 12:14:17    | 157     | 13:13:28   |
| VP27 - Wollankst   | 3.09     | 29:34      | 9:34         | 15          | 15:56       | 163     | 17:13      | 157.14        | 26:14:03   | 10:01        | 15       | 12:30:13    | 157     | 13:29:17   |
| Friedrich-Ludwig   | 3.76     | 49:21      | 13:07        | 15          | 28:44       | 161     | 28:44      | 160.90        | 27:03:24   | 10:05        | 15       | 12:58:57    | 157     | 13:56:32   |