



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

## Detailed evaluation

Schmitt, Jörg

Club: RLT Rodgau

Number: 3

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 29:12:00

Speed: 5.48 km/h

Running performance: 10:53 min/km

Rank in course/Total: 202 (of 246)

Rank in course/Men: 175 (of 211)

Best time in course: 13:06:52

Rank in category: 34(of 43)

Best time in the category: 16:18:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmahl P	9.02	58:12	6:27	12	15:51	59	17:16	9.02	58:12	6:27	12	15:51	59	17:16
VP2 - Schlesische	5.98	35:16	5:53	11	7:48	60	9:10	15.00	1:33:28	6:13	11	23:39	58	26:26
VP3 - Sonnenalle	6.00	37:38	6:16	19	9:25	84	12:00	21.00	2:11:06	6:14	14	33:04	67	38:26
VP4 - Stubenrauc	5.73	37:42	6:34	24	11:03	108	12:27	26.73	2:48:48	6:18	18	44:07	75	50:53
VP5 - U-Bahnhof	4.30	31:51	7:24	23	10:08	96	10:44	31.03	3:20:39	6:27	19	54:15	80	1:00:31
VP6 - Buckower I	5.40	40:05	7:25	25	12:21	123	14:42	36.43	4:00:44	6:36	21	1:06:36	87	1:15:12
VP7 - Kirchhainer	5.54	40:23	7:17	22	10:32	105	14:12	41.97	4:41:07	6:41	21	1:17:08	91	1:28:47
VP8 - Lichtenrad	4.42	33:53	7:39	30	10:00	134	13:40	46.39	5:15:00	6:47	22	1:26:55	92	1:42:27
VP9 - Osdorfer St	5.77	47:06	8:09	34	16:07	157	20:54	52.16	6:02:06	6:56	24	1:38:43	100	2:02:43
VP10 - Sportplatz	6.41	1:11:49	11:12	35	37:53	181	43:01	58.57	7:13:55	7:24	28	2:16:36	121	2:44:10
VP11 - Königsw	6.18	58:36	9:28	34	24:03	168	29:43	64.75	8:12:31	7:36	29	2:33:32	130	3:13:02
VP12 - Gedenkst	6.18	1:05:45	10:38	34	27:46	170	34:18	70.93	9:18:16	7:52	29	3:01:18	135	3:46:39
VP13 - Brauhaus	6.84	1:11:59	10:31	34	46:02	168	48:22	77.77	10:30:15	8:06	30	3:30:36	144	4:26:15
VP14 - Revierförs	6.06	1:09:26	11:27	34	32:01	184	40:02	83.83	11:39:41	8:20	32	4:00:44	156	5:06:17
VP15 - Schloß Sa	6.20	1:07:17	10:51	24	28:36	112	37:30	90.03	12:46:58	8:31	32	4:26:28	152	5:43:47
VP16 - Pagel & Fi	7.63	1:17:42	10:11	33	30:36	154	41:18	97.66	14:04:40	8:38	32	4:57:04	152	6:24:38
VP17 - Wilhelmst	4.84	50:16	10:23	32	19:14	158	25:09	102.50	14:54:56	8:43	33	5:14:42	156	6:49:47
VP18 - Falkensee	6.58	1:19:46	12:07	34	46:18	178	46:18	109.08	16:14:42	8:56	33	5:53:31	159	7:35:22
VP19 - Schönwal	5.70	1:08:21	11:59	32	31:43	167	39:32	114.78	17:23:03	9:05	32	6:23:01	161	8:14:54
VP20 - Grenzturn	7.53	1:28:30	11:45	31	53:54	150	53:54	122.31	18:51:33	9:15	32	7:01:03	158	9:04:38
VP21 - Ruderclub	4.78	1:15:32	15:48	32	42:37	164	52:11	127.09	20:07:05	9:29	32	7:43:40	160	9:56:49
VP22 - Frohnau (	4.03	53:34	13:17	32	27:03	171	32:02	131.12	21:00:39	9:36	32	8:10:43	160	10:28:51
VP23 - Naturschu	6.78	1:58:01	17:24	35	1:13:55	182	1:24:15	137.90	22:58:40	9:59	32	9:24:38	164	11:53:06
VP24 - Oranienbu	4.75	1:15:29	15:53	35	42:14	181	49:37	142.65	24:14:09	10:11	32	10:06:10	168	12:42:09
VP25 - Lübars	5.69	1:27:41	15:24	34	50:00	181	58:21	148.34	25:41:50	10:23	33	10:56:10	170	13:40:30
VP26 - S-Bahnh	5.71	1:38:41	17:16	35	59:07	182	1:09:00	154.05	27:20:31	10:38	33	11:52:33	176	14:49:30
VP27 - Wollankst	3.09	37:35	12:09	35	20:49	182	25:14	157.14	27:58:06	10:40	33	12:11:14	175	15:13:20
Friedrich-Ludwig	3.76	1:13:54	19:39	35	48:56	182	53:17	160.90	29:12:00	10:53	34	12:53:24	178	16:05:08