



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Bonfiglio, Marco

Club: verde pisello group milano

Number: 199

Course: 160.90 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 14:04:27

Speed: 11.37 km/h

Running performance: 5:15 min/km

Rank in course/Total: 2 (of 246)

Rank in course/Men: 2 (of 211)

Best time in course: 13:06:52

Rank in category: 1(of 16)

Best time in the category: 14:04:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Mahnmal P	9.02	42:17	4:41	1	-	4	1:21	9.02	42:17	4:41	1	-	4	1:21
VP2 - Schlesische	5.98	27:29	4:35	1	-	5	1:23	15.00	1:09:46	4:39	1	-	4	2:44
VP3 - Sonnenalle	6.00	28:11	4:41	1	-	4	2:33	21.00	1:37:57	4:39	1	-	4	5:17
VP4 - Stubenrauc	5.73	26:03	4:32	1	-	3	0:48	26.73	2:04:00	4:38	1	-	4	6:05
VP5 - U-Bahnhof	4.30	21:07	4:54	1	-	1	-	31.03	2:25:07	4:40	1	-	3	4:59
VP6 - Buckower I	5.40	25:23	4:42	1	-	1	-	36.43	2:50:30	4:40	1	-	3	4:58
VP7 - Kirchhainer	5.54	27:14	4:54	1	-	3	1:03	41.97	3:17:44	4:42	1	-	3	5:24
VP8 - Lichtenradi	4.42	21:18	4:49	1	-	3	1:05	46.39	3:39:02	4:43	1	-	3	6:29
VP9 - Osdorfer St	5.77	27:16	4:43	1	-	3	1:04	52.16	4:06:18	4:43	1	-	3	6:55
VP10 - Sportplatz	6.41	29:58	4:40	1	-	2	1:10	58.57	4:36:16	4:43	1	-	3	6:31
VP11 - Königsw	6.18	31:57	5:10	1	-	3	3:04	64.75	5:08:13	4:45	1	-	3	8:44
VP12 - Gedenkst	6.18	32:59	5:20	1	-	3	1:32	70.93	5:41:12	4:48	1	-	3	9:35
VP13 - Brauhaus	6.84	36:47	5:22	1	-	5	13:10	77.77	6:17:59	4:51	1	-	3	13:59
VP14 - Revierförs	6.06	31:44	5:14	1	-	2	2:20	83.83	6:49:43	4:53	1	-	2	16:19
VP15 - Schloß Sa	6.20	36:46	5:55	1	-	4	6:59	90.03	7:26:29	4:57	1	-	2	23:18
VP16 - Pagel & Fi	7.63	41:26	5:25	1	-	3	5:02	97.66	8:07:55	4:59	1	-	2	27:53
VP17 - Wilhelmst	4.84	27:33	5:41	1	-	3	2:26	102.50	8:35:28	5:01	1	-	2	30:19
VP18 - Falkensee	6.58	36:43	5:34	1	-	4	3:15	109.08	9:12:11	5:03	1	-	2	32:51
VP19 - Schönwal	5.70	31:42	5:33	1	-	2	2:53	114.78	9:43:53	5:05	1	-	2	35:44
VP20 - Grenzturn	7.53	41:17	5:28	1	-	3	6:41	122.31	10:25:10	5:06	1	-	2	38:15
VP21 - Ruderclub	4.78	27:39	5:47	1	-	2	4:18	127.09	10:52:49	5:08	1	-	2	42:33
VP22 - Frohnau (4.03	22:24	5:33	1	-	2	0:52	131.12	11:15:13	5:08	1	-	2	43:25
VP23 - Naturschu	6.78	41:45	6:09	1	-	5	7:59	137.90	11:56:58	5:11	1	-	2	51:24
VP24 - Oranienbu	4.75	28:54	6:05	1	-	3	3:02	142.65	12:25:52	5:13	1	-	2	53:52
VP25 - Lübars	5.69	32:20	5:40	1	-	3	3:00	148.34	12:58:12	5:14	1	-	2	56:52
VP26 - S-Bahnh	5.71	32:00	5:36	1	-	3	2:19	154.05	13:30:12	5:15	1	-	2	59:11
VP27 - Wollankst	3.09	13:38	4:24	1	-	3	1:17	157.14	13:43:50	5:14	1	-	2	59:04
Friedrich-Ludwig	3.76	20:37	5:28	1	-	1	-	160.90	14:04:27	5:14	1	-	2	57:35