



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

Detailed evaluation

Steinebach, André

Club: Endorphinjunkies Dortmund
Number: 271

Course: 160.90 km
100MeilenBerlin

Category:
Senioren M40 (40-44 Jahre)

Total time: 20:40:10

Speed: 7.74 km/h
Running performance: 7:43 min/km

Rank in course/Total: 45 (of 246)

Rank in course/Men: 42 (of 211)

Best time in course: 13:06:52

Rank in category: 12(of 36)

Best time in the category: 15:19:46

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Mahnmahl P | 9.02 | 59:55 | 6:38 | 17 | 14:09 | 75 | 18:59 | 9.02 | 59:55 | 6:38 | 17 | 14:09 | 75 | 18:59 |
| VP2 - Schlesische | 5.98 | 37:13 | 6:13 | 21 | 8:49 | 87 | 11:07 | 15.00 | 1:37:08 | 6:28 | 21 | 22:58 | 86 | 30:06 |
| VP3 - Sonnenalle | 6.00 | 35:38 | 5:56 | 16 | 6:31 | 56 | 10:00 | 21.00 | 2:12:46 | 6:19 | 18 | 29:29 | 72 | 40:06 |
| VP4 - Stubenrauc | 5.73 | 35:03 | 6:07 | 19 | 6:27 | 67 | 9:48 | 26.73 | 2:47:49 | 6:16 | 18 | 35:34 | 70 | 49:54 |
| VP5 - U-Bahnhof | 4.30 | 29:46 | 6:55 | 17 | 5:19 | 61 | 8:39 | 31.03 | 3:17:35 | 6:22 | 20 | 38:40 | 71 | 57:27 |
| VP6 - Buckower I | 5.40 | 35:58 | 6:39 | 16 | 6:13 | 65 | 10:35 | 36.43 | 3:53:33 | 6:24 | 19 | 40:43 | 71 | 1:08:01 |
| VP7 - Kirchhainer | 5.54 | 37:11 | 6:42 | 16 | 6:06 | 64 | 11:00 | 41.97 | 4:30:44 | 6:27 | 18 | 46:18 | 67 | 1:18:24 |
| VP8 - Lichtenradi | 4.42 | 30:22 | 6:52 | 16 | 6:39 | 73 | 10:09 | 46.39 | 5:01:06 | 6:29 | 18 | 50:53 | 68 | 1:28:33 |
| VP9 - Osdorfer St | 5.77 | 39:04 | 6:46 | 15 | 8:09 | 60 | 12:52 | 52.16 | 5:40:10 | 6:31 | 18 | 58:16 | 66 | 1:40:47 |
| VP10 - Sportplatz | 6.41 | 48:46 | 7:36 | 17 | 12:49 | 67 | 19:58 | 58.57 | 6:28:56 | 6:38 | 17 | 1:11:05 | 64 | 1:59:11 |
| VP11 - Königsweg | 6.18 | 42:46 | 6:55 | 11 | 9:04 | 42 | 13:53 | 64.75 | 7:11:42 | 6:40 | 16 | 1:15:01 | 62 | 2:12:13 |
| VP12 - Gedenkst | 6.18 | 49:52 | 8:04 | 16 | 15:36 | 61 | 18:25 | 70.93 | 8:01:34 | 6:47 | 16 | 1:29:18 | 60 | 2:29:57 |
| VP13 - Brauhaus | 6.84 | 47:05 | 6:53 | 11 | 6:57 | 39 | 23:28 | 77.77 | 8:48:39 | 6:47 | 15 | 1:33:14 | 56 | 2:44:39 |
| VP14 - Revierförs | 6.06 | 48:09 | 7:56 | 13 | 14:39 | 62 | 18:45 | 83.83 | 9:36:48 | 6:52 | 15 | 1:47:53 | 56 | 3:03:24 |
| VP15 - Schloß Sa | 6.20 | 53:58 | 8:42 | 13 | 18:30 | 48 | 24:11 | 90.03 | 10:30:46 | 7:00 | 15 | 2:06:23 | 52 | 3:27:35 |
| VP16 - Pagel & Fi | 7.63 | 1:04:23 | 8:26 | 17 | 22:02 | 77 | 27:59 | 97.66 | 11:35:09 | 7:07 | 14 | 2:28:25 | 54 | 3:55:07 |
| VP17 - Wilhelmst | 4.84 | 39:08 | 8:05 | 14 | 10:24 | 68 | 14:01 | 102.50 | 12:14:17 | 7:09 | 13 | 2:38:49 | 51 | 4:09:08 |
| VP18 - Falkensee | 6.58 | 58:09 | 8:50 | 17 | 21:37 | 94 | 24:41 | 109.08 | 13:12:26 | 7:15 | 15 | 3:00:26 | 56 | 4:33:06 |
| VP19 - Schönwal | 5.70 | 45:57 | 8:03 | 10 | 11:59 | 41 | 17:08 | 114.78 | 13:58:23 | 7:18 | 14 | 3:12:25 | 54 | 4:50:14 |
| VP20 - Grenzturn | 7.53 | 1:00:27 | 8:01 | 8 | 17:27 | 38 | 25:51 | 122.31 | 14:58:50 | 7:20 | 13 | 3:29:52 | 51 | 5:11:55 |
| VP21 - Ruderclub | 4.78 | 42:17 | 8:50 | 9 | 12:12 | 31 | 18:56 | 127.09 | 15:41:07 | 7:24 | 11 | 3:41:56 | 45 | 5:30:51 |
| VP22 - Frohnau (| 4.03 | 33:34 | 8:19 | 8 | 9:30 | 32 | 12:02 | 131.12 | 16:14:41 | 7:26 | 11 | 3:50:48 | 44 | 5:42:53 |
| VP23 - Naturschu | 6.78 | 1:08:56 | 10:10 | 20 | 28:19 | 92 | 35:10 | 137.90 | 17:23:37 | 7:34 | 14 | 4:17:49 | 48 | 6:18:03 |
| VP24 - Oranienbu | 4.75 | 45:00 | 9:28 | 12 | 15:57 | 55 | 19:08 | 142.65 | 18:08:37 | 7:37 | 14 | 4:33:46 | 48 | 6:36:37 |
| VP25 - Lübars | 5.69 | 43:14 | 7:35 | 6 | 10:21 | 21 | 13:54 | 148.34 | 18:51:51 | 7:37 | 14 | 4:44:07 | 47 | 6:50:31 |
| VP26 - S-Bahnhö | 5.71 | 53:47 | 9:25 | 15 | 19:54 | 73 | 24:06 | 154.05 | 19:45:38 | 7:41 | 13 | 5:04:01 | 46 | 7:14:37 |
| VP27 - Wollankst | 3.09 | 19:41 | 6:22 | 12 | 7:20 | 39 | 7:20 | 157.14 | 20:05:19 | 7:40 | 13 | 5:09:19 | 45 | 7:20:33 |
| Friedrich-Ludwig | 3.76 | 34:51 | 9:16 | 11 | 11:05 | 63 | 14:14 | 160.90 | 20:40:10 | 7:42 | 12 | 5:20:24 | 42 | 7:33:18 |